

1 08:05:34 From Tech (Friday Center) to Hosts and panelists:
2 OJ Reception: <https://unc.zoom.us/j/96520918441?pwd=RkExNUtBV2ZKdlc1MDVGNWwyZlVBUT09>
3 08:06:58 From Thava Mahadevan to Tech (Friday Center) (Direct Message):
4 Hi This is Thava Mahadevan one of the panelist.
5 08:07:38 From Thava Mahadevan to Tech (Friday Center) (Direct Message):
6 Can I join at 9.00 ? when the meeting starts? will this be the link? Thanks
7 08:07:46 From Tech (Friday Center) to Thava Mahadevan (Direct Message):
8 Good morning. The main program doesn't start until 9:00. There's a vendor fair and
OJ Reception at 8:00
9 08:08:08 From Thava Mahadevan to Tech (Friday Center) (Direct Message):
10 got it ! will join at 9.00
11 08:08:23 From Tech (Friday Center) to Thava Mahadevan (Direct Message):
12 See you then
13 09:01:57 From Valerie Arendt to Everyone:
14 Thank you, Max!
15 09:02:19 From Marbeth Holmes to Everyone:
16 Thank you Max for this wonderful introduction and these meaningful words
17 09:02:34 From Valerie Arendt to Everyone:
18 Legislative Breakfast Program:
19
<https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf>
20 09:02:39 From Julie Bailey, Josh's Hope to Everyone:
21 Good morning, Max! Thanks for all of your hard work and a special thanks for
remembering the people of the Ukraine this morning.
22 09:02:54 From Jay Ratia to Hosts and panelists:
23 Good Morning everyone
24 09:02:56 From Carey Wainwright to Everyone:
25 GM to all from Th Fragile Families Network, Raleigh, NC.
26 09:04:07 From Elizabeth Barber, Threshold to Tech (Friday Center - Bart) (Direct
Message):
27 Bart, I forwarded link to Representative Sasser and now he is showing up under my
name. Can you rename him?
28 09:04:39 From Monica Newkirk to Everyone:
29 Good Morning, Everyone from Alberta Professional Services ~ Greensboro, NC
30 09:04:48 From Valerie Arendt to Everyone:
31
32 09:05:10 From Nicole Semoni to Everyone:
33 Good morning from Club Nova!!
34 09:05:18 From Joshua Main to Everyone:
35 Good Morning from Fayetteville, NC.
36 09:05:22 From Sharon Hartwell to Everyone:
37
38 09:05:22 From Rep. Carla Cunningham BSN,RN to Everyone:
39 Good Morning everyone
40 09:05:30 From Sharon Hartwell to Everyone:
41
42 09:05:34 From Lara Kehle (her/she) KidSCOpe to Hosts and panelists:
43 Good morning from KidSCOpe! :-)
44 09:05:39 From Valerie Arendt to Everyone:
45 Hollywood Squares was awesome
46 09:05:41 From Robin Henderson-Wiley to Everyone:
47 Good Morning from Easterseals UCP of North Carolina & Virginia.
48 09:05:46 From Jonah Garson to Everyone:
49 Good morning, all; happy to be here.
50 09:05:51 From Lara Kehle (her/she) KidSCOpe to Everyone:
51 Good morning from KidSCOpe. :-)
52 09:06:07 From Disability Rights NC to Hosts and panelists:
53 Valerie - and Paul Lind was hilarious!
54 09:06:10 From Samantha Reneau She/Her to Everyone:
55 Good morning everyone
56 09:06:11 From Kim Batson - Faith Connections on Mental Illness to Everyone:
57 Yay Hollywood Squares Reference. A member here of Faith Connections on Mental
Illness based in Chapel Hill.
58 09:06:12 From Rep. Mary Belk to Everyone:
59 Good morning from Charlotte
60 09:06:12 From Kye Gardner (they, them) to Everyone:
61 Good morning and thank you to everyone that made this event possible! - Blaze
Advisors in Wilmington NC

62 09:06:18 From Damon Seils he/him to Everyone:
63 Good morning from Carrboro!
64 09:06:27 From Kathleen Ferguson to Everyone:
65 Good Morning from Hillsborough and Triangle J Council of Governments
66 09:06:35 From Shenika Allen to Everyone:
67 Good morning, Max! Thank you so much for everything you do!
68 09:06:37 From Mallory Lane to Hosts and panelists:
69 Good morning! NCSU MSW student graduating in May!
70 09:06:41 From Kimberly Godwin to Hosts and panelists:
71 Good morning from NC Occupational Therapy Association!
72 09:06:43 From Dr. Marianne Mitchell, FCMI to Everyone:
73 Good Morning from Faith Connections on Mental Illness!
74 09:06:48 From Sharon Hartwell to Everyone:
75 988 rollout1
76 09:07:03 From Marbeth Holmes to Everyone:
77 Love our NASW-NC
78 09:07:04 From Alicia Kaplan to Everyone:
79
80 09:07:07 From karen chapple to Everyone:
81 Good morning from Coastal Horizons and Treatment Accountability for Safer
Communities and Our Children's Place!
82 09:07:07 From Valerie Arendt to Everyone:
83 Thank you all! www.naswnc.org/
84 09:07:11 From Sharon Hartwell to Everyone:
85
86 09:07:12 From Bob Crayton to Everyone:
87 It's heartbreaking to see this tragedy play out for so many people who are stuck
in Ukraine right now., and we send our prayers for their safety and for their well
being.
88 09:07:15 From Denise to Hosts and panelists:
89 Goodmorning everyone from UNCW!
90 09:07:18 From Amy Fowler to Hosts and panelists:
91 Good morning from Chapel Hill!
92 09:07:20 From Shannon Dowler to Everyone:
93 Good morning from Madison County, NC! (NC Medicaid CMO)
94 09:07:21 From Kristin Pearson - TROSA to Everyone:
95
96 09:07:22 From Kimberly Godwin to Everyone:
97 Good morning from North Carolina Occupational Therapy Association! www.ncota.org
98 09:07:25 From Alexis Green to Everyone:
99
100 09:07:28 From Susan Perkins (she/her) NCAMFT to Everyone:
101
102 09:07:32 From Will Duncan to Everyone:
103
104 09:07:33 From Julie Bailey, Josh's Hope to Everyone:
105 Thank you NASW-NC and UNC Friday Center!!
106 09:07:37 From Jeff Nieman (he/him) to Everyone:
107
108 09:07:39 From Shenika Allen to Everyone:
109 Thank you so much from NAMI Durham.
110 09:07:42 From Jonah Garson to Everyone:
111
112 09:07:44 From Jane Crowder to Everyone:
113 Good morning from Threshold Durham and Lincoln Community Health Center!
114 09:07:44 From Martha Turner-Quest to Hosts and panelists:
115 Thank you NSWNC!
116 09:07:50 From Denise to Everyone:
117 Goodmorning everyone from UNCW!
118 09:07:56 From Garry Crites-NAMI North Carolina to Everyone:
119 Good morning from NAMI North Carolina.
120 09:07:56 From Marbeth Holmes to Everyone:
121 LOL Pants??
122 09:07:58 From Rae Marsh to Hosts and panelists:
123 Good morning, from Wake County Public School System, School Based Mental Health
124 09:08:04 From Kay Castillo to Everyone:
125 Love your honesty, Senator!!!
126 09:08:09 From Duncan Munn to Everyone:
127 Strong support to all of you and your work Monarch, and Club Horizon

128 09:08:21 From Valerie Arendt to Everyone:
129 YES! Social workers!!
130 09:08:30 From Maximilian Shafir to Everyone:
131 Yay to social workers
132 09:08:33 From RenC)e Price to Everyone:
133 Thank you, to everyone, for your concern and involvement.
134 09:08:33 From Sharon Hartwell to Everyone:
135
136 09:08:38 From Kathy Eden to Hosts and panelists:
137
138 09:08:40 From Yesenia Howell, Monarch to Everyone:
139 Good morning to all from Monarch!
140 09:08:45 From Alicia Kaplan to Everyone:
141
142 09:08:47 From Jeff Phillips to Hosts and panelists:
143 Good Morning Everyone from Concord, NCB&Jeff Phillips, Chief Operations Officer
with Covenant Case Management Services, LLC. - Jeff.phillips@covenantcms.com -
(980) 284-1639
144 09:08:52 From Valerie Arendt to Everyone:
145 Legislative Breakfast program and agenda:
146
<https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf>
147 09:09:00 From Nicole Semoni to Everyone:
148
149 09:09:50 From Amy Dickey to Everyone:
150 Good Morning! Mental Health America of Central Carolinas is very happy to be here.
151 09:09:52 From Disability Rights NC to Hosts and panelists:
152 :&Love and support to Ukraine and Ukrainian people.:&
153 09:09:54 From Valerie Arendt to Everyone:
154 Thank you for your voice and service!
155 09:10:06 From Alicia Kaplan to Everyone:
156 Yes, thank you for all you do!
157 09:10:19 From Disability Rights NC to Hosts and panelists:
158 Thank you so very much for all your support, legislators.
159 09:10:25 From Felicia Dunston -Threshold to Everyone:
160 Good morning to all from Threshold Clubhouse.
161 09:10:40 From Julie Bailey, Josh's Hope to Everyone:
162 Good morning from Josh's Hope!
163 09:11:25 From Ashley Burns to Everyone:
164 Good morning!!
165 09:11:33 From Julie Bailey, Josh's Hope to Everyone:
166 Good morning, Karen!
167 09:11:33 From Nicole Semoni to Everyone:
168
169 09:11:43 From Maximilian Shafir to Everyone:
170 Thank you so much Sen. Woodard for being an awesome Emcee
171 09:11:50 From Marbeth Holmes to Everyone:
172 Congratulations Rep. Insko
173 09:11:55 From Shenika Allen to Everyone:
174 Good morning, Karen.
175 09:11:57 From Bob Crayton to Everyone:
176 CONGRATULATIONS, Rep. Verla Inskob
177 09:12:01 From Deby Dihoff to Everyone:
178 So nice to see such great involvement from so many - Faith Connections on Mental
Illness. Go Verla!!
179 09:12:01 From Gail Pruettt to Everyone:
180 Congratulations, Representative Insko! You are so deserving of this award.
181 09:12:10 From Rep. Rachel Hunt to Everyone:
182 Congratulations my friend Rep. Insko!!
183 09:12:14 From Shenika Allen to Everyone:
184 Thank you so much Sen. Woodard. We appreciate you.
185 09:12:34 From Jamie DeMent Holcomb to Everyone:
186 Congratulations, Verla! You are a champion!
187 09:12:41 From Dick Chady to Everyone:
188 Congratulations on your many years of dedicated leadership in the field, Verla!
189 09:12:47 From karen chapple to Everyone:
190 Congratulations Rep. Insko and you will be missed!!
191 09:12:51 From Jonah Garson to Everyone:

192 Thank you, Verla.
193 09:12:55 From Barbara Foushee (she/her) to Hosts and panelists:
194 Congratulations Rep. Insko!
195 09:12:57 From Carey Wainwright to Everyone:
196 Congratulations Rep. Insko and thank you.
197 09:13:06 From Nicole Semoni to Everyone:
198 Congratulations Representative Insko!! You have been amazing in everything you do!
Thank you for your voice!
199 09:13:10 From Anita Daniels to Everyone:
200 So great to see you Representative Insko. I remember my days of serving with you
in Orange County as the executive director of the United Way. Congratulations, and
thank you for your service!
201 09:13:12 From Rep. Carla Cunningham BSN,RN to Everyone:
202 Well deserved Rep. Insko- Thank you so much for your service. Congratulations to you!
203 09:13:22 From Julie Bailey, Josh's Hope to Everyone:
204 Well-deserved, Verla! Thank you for your many years of service and dedication to
assisting people who live with a mental health diagnosis and other fragile
conditions.
205 09:13:27 From Lara Kehle (her/she) KidSCOpe to Everyone:
206 Congratulations, Verla! So well deserved! Thank you for all that you do and have
done.
207 09:13:48 From Thava Mahadevan to Hosts and panelists:
208 THANK YOU VERLA !!!!
209 09:14:06 From Joy.Futrell to Everyone:
210 Thank you for your passion and dedication to our work Rep Insko!
211 09:14:07 From RenC)e Price to Everyone:
212 Verla is AWESOME!
213 09:14:09 From Maximilian Shafir to Everyone:
214 Thank you Verla for everything youve done and continue to do
215 09:14:14 From Julie Bailey, Josh's Hope to Everyone:
216 So true! Verla has always been accessible!!
217 09:14:24 From Rep. Mary Belk to Everyone:
218 Congratulations Verla! You are the embodiment of a true public servant!
219 09:14:28 From Sue Ann Forrest - Trillium Health Resources to Everyone:
220 Congratulations. Rep. Insko!
221 09:14:37 From Jonah Garson to Everyone:
222 Indeed she has.
223 09:14:37 From Jeff Phillips to Hosts and panelists:
224 Congrats Rep. Insko!! A true role model for advocacy and leadership!!
225 09:14:59 From Cindy Wheeler to Everyone:
226 Rep. Insko is the epitome of an informed, passionate leader! Congratulations and
thank you for your incredible service to those who needed your voice in the
Legislature!
227 09:15:03 From Alice Lutz, Triangle Family Services to Everyone:
228 Congratulations and well deserved !!!
229 09:15:10 From Amy Fowler to Hosts and panelists:
230 Thanks Rep Verla Insko for all you have done for our community!
231 09:15:23 From Floyd McKissick Jr to Hosts and panelists:
232 Congratulations Verla (Representative Insko)you have earned and deserve this
significant honor and recognition !!! Youre the Best my friend.
233 09:15:26 From Shenika Allen to Everyone:
234 Congratulations!! Rep Insko she deserved that award!
235 09:15:38 From Will Duncan to Everyone:
236 Congratulations and well deserved Rep. Insko!
237 09:15:39 From pat to Hosts and panelists:
238 Congrats to Rep. Insko!
239 09:15:46 From Lily Viola to Hosts and panelists:
240 Hi. Congrats to all! I don't see another email link for anything. Do I just
stay here until 12pm?
241 09:16:02 From Samantha Reneau She/Her to Everyone:
242 Congratulations.
243 09:16:11 From Ashley Burns to Everyone:
244 congrats!
245 09:16:11 From Tech (Friday Center) to Lily Viola and all panelists:
246 Yes. This is the main session.
247 09:16:16 From Jeff Barnhart to Everyone:
248 Congratulations to my long time friend Verla! Well deserved!
249 09:16:19 From Jodi Farley to Hosts and panelists:
250 Congratulations Rep. Insko!

251 09:16:22 From Lily Viola to Hosts and panelists:
252 thank you!
253 09:16:22 From elissabrody to Hosts and panelists:
254 Thank you.
255 09:16:22 From Maura Nsonwu to Hosts and panelists:
256 Congratulations and thank you!
257 09:16:39 From Valerie Arendt to Everyone:
258 Congratulations, Representative Insko!
259 09:16:40 From Crispy Bess to Hosts and panelists:
260 Yay Verla! Yay Karen!
261 09:16:47 From Rep. Rachel Hunt to Everyone:
262 Yay Smart Start!
263 09:16:49 From Kathleen Ferguson to Everyone:
264 Congratulations!!!! Well-Deserved!!!!
265 09:16:54 From Jasmine Thagard to Everyone:
266 Congratulations Rep Insko, and thank you for all the work you do!
267 09:17:02 From RenC)e Price to Everyone:
268 Congratulations, to the Honorable Verla Insko. You are deserving of this award, and
more.
269 09:17:56 From Kay Castillo to Everyone:
270 Congrats! Very deserving.
271 09:18:30 From Anita Daniels to Everyone:
272 Yes! Orange County was one of the first communities to receive a Smart Start
grant, and I served on that board with some amazing individuals including Sue
Russell and Michelle Rivest. You're taking me back.
273 09:18:59 From Barbara Myers to Everyone:
274 Congratulations. May God Bless you in your retirement.- You are a very deserving
recipient and one who has meant a lot to the constituents of NC Thank you for your
service!!
275 09:19:23 From Debra Farrington, North Carolina to Everyone:
276 Congratulations Rep. Insko and Thank you for your life of service
277 09:20:00 From Mallory Lane to Hosts and panelists:
278 Congratulations!
279 09:20:28 From Mallory Lane to Hosts and panelists:
280 Can someone clarify that this webinar does not enable participants microphone or
camera? If so, I do not see the option.
281 09:20:45 From Jenny Gadd - LBMH to Everyone:
282 Good morning everyone! Thank you for being here.
283 09:21:05 From Tech (Friday Center - Bart) to Mallory Lane and all panelists:
284 That is correct. Only the panelists have access to camera and microphone
285 09:21:12 From Mallory Lane to Hosts and panelists:
286 Thanks for clarifying!
287 09:21:28 From Jonah Garson to Everyone:
288
289 09:21:32 From Camille Miller to Everyone:
290
291 09:21:38 From Alicia Kaplan to Everyone:
292 Congratulations!!!
293 09:21:42 From Sharon Hartwell to Everyone:
294
295 09:21:43 From Valerie Arendt to Everyone:
296
297
298 09:21:44 From Bob Crayton to Everyone:
299
300 09:21:46 From Rae Marsh to Hosts and panelists:
301 Amazing!
302 09:21:47 From Sue Ann Forrest - Trillium Health Resources to Everyone:
303
304 09:21:48 From Jessica Aguilar to Everyone:
305
306 09:21:49 From Joy.Futrell to Everyone:
307 c
308 09:21:49 From Keziah Cash to Hosts and panelists:
309
310 09:21:50 From Cindy Wheeler to Everyone:
311
312 09:21:51 From Launiece Newton, PMHNP-BC to Hosts and panelists:
313

314 09:21:52 From Will Duncan to Everyone:
315
316 09:21:52 From Lisa Grafstein to Everyone:
317
318 09:21:53 From Iris Green to Hosts and panelists:
319 Congratulations
320 09:21:55 From Jenny Gadd - LBMH to Everyone:
321 Thank you Rep. Insko for your service!!
322 09:21:57 From Alexis Green to Everyone:
323
324 09:21:58 From Club Nova to Everyone:
325
326 09:21:58 From lgordon to Everyone:
327
328 09:21:58 From Kimberly Godwin to Everyone:
329 Congratulations and thank you!!
330 09:22:01 From Michelle Bizzell- JCPS to Hosts and panelists:
331
332 09:22:03 From Rose Hoban to Hosts and panelists:
333
334
335
336
337 09:22:05 From Sarah Winnick to Everyone:
338
339 09:22:07 From Meghan McDowell to Everyone:
340
341 09:22:07 From Jay Ratia to Hosts and panelists:
342 Congrats
343 09:22:08 From William Massengill to Everyone:
344
345 09:22:16 From Rob Robinson-Alliance Health to Everyone:
346
347 09:22:16 From Jessica Williford to Everyone:
348
349 09:22:18 From Kenan Durham to Hosts and panelists:
350
351 09:22:23 From NCOTA Samantha Ryan (she/her/they) to Everyone:
352
353 09:22:24 From Michelle Bizzell- JCPS to Everyone:
354
355 09:22:26 From Keziah Cash to Hosts and panelists:
356
357 09:22:29 From Sarah Ascienzo to Everyone:
358
359 09:22:34 From Paul Garcia to Everyone:
360
361 09:22:38 From Allen Buansi to Hosts and panelists:
362 Thank you Rep. Insko!
363 09:22:41 From Allison Crotty, Partners to Everyone:
364 Congratulations and thank you so much for the extensive contributions to our
communities!!!
365 09:22:48 From Kenan Durham to Everyone:
366
367 09:22:52 From Valerie Arendt to Everyone:
368 Legislative Breakfast Program and Agenda:
<https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf>
369 09:22:57 From Jesse Battle - TROSA to Everyone:
370
371 09:23:00 From Devin Lyall to Hosts and panelists:
372 Congrats again !!
373 09:23:02 From Tammy Strickland to Hosts and panelists:
374 Thank you Verla Insko for your tireless advocacy on behalf of the MH/SUD/IDD
population!
375 09:23:02 From Ashish George to Everyone:
376
377 09:23:20 From Jonah Garson to Everyone:
378

379 09:23:21 From karen chapple to Everyone:
380 Good morning Secretary!
381 09:23:26 From Valerie Arendt to Everyone:
382
383 09:23:37 From Alicia Kaplan to Everyone:
384
385 09:24:01 From Rep. Verla Insko to Hosts and panelists:
386 II would like to add Rep. Carla Cunningham as a leader in MHDDSA in the NC House.
Thank you Carla!
387 09:24:02 From Kye Gardner (they, them) to Everyone:
388
389 09:24:57 From Jonah Garson to Everyone:
390 Good morning, Sec. Kinsley!!
391 09:24:59 From Devin Lyall to Hosts and panelists:
392
393 09:25:04 From Julie Bailey, Josh's Hope to Everyone:
394 Hooray! Welcome, Kody! Congrats on the promotion. Well-deserved!!
395 09:25:09 From Jenny Gadd - LBMH to Everyone:
396 Welcome Sec. Kinsley! Thank you for being here!
397 09:25:13 From Kristin Pearson - TROSA to Everyone:
398
399 09:25:16 From Rose Hoban to Hosts and panelists:
400
401 09:25:24 From Gail Pruettt to Everyone:
402 Good Morning, Secretary Kinsley!
403 09:25:54 From Kye Gardner (they, them) to Everyone:
404
405 09:25:55 From Valerie Arendt to Everyone:
406
407 09:25:57 From Kay Castillo to Everyone:
408 ha!
409 09:25:58 From Maximilian Shafir to Hosts and panelists:
410 Thank you Sec. Kinsley for stepping up and filling Dr. Cohens big shoes. We are so
grateful to have you.
411 09:25:58 From becky carney to Hosts and panelists:
412 Congratulations to my 20 year mentor, Representative Verla Insko. You have set a
high bar for all of us!
413 09:26:05 From Valerie Arendt to Everyone:
414 Looks great!
415 09:26:08 From Jessica Aguilar to Everyone:
416
417 09:26:11 From Alicia Kaplan to Everyone:
418
419 09:26:14 From Jenny Gadd - LBMH to Everyone:
420
421 09:26:20 From Bob Crayton to Everyone:
422
423 09:26:21 From Lara Kehle (her/she) KidSCOpe to Everyone:
424
425 09:26:25 From Ashish George to Everyone:
426
427 09:26:26 From Dr. David Conley (he/his) to Everyone:
428 we all wish we could have had hair like that
429 09:26:58 From Julie Bailey, Josh's Hope to Everyone:
430 Amen!
431 09:27:16 From Barbara Maier - NAMI Orange Chatham to Everyone:
432 Looking forward to next year Leg. M.H. Bfast in person and on site!
433 09:27:35 From Ashish George to Everyone:
434 Me too, Barbara!
435 09:27:47 From Maximilian Shafir to Everyone:
436 Absolutely hoping that we all get to see each others faces in person.
437 09:29:33 From Tech (Friday Center) to Iris Green and all panelists:
438 Hey Iris, did you have a question?
439 09:30:00 From Allie Coutts to Everyone:
440 Good morning everyone! We would love to see photos or screenshots of you attending
the Breakfast. Please consider sharing a screenshot of the event or of yourself
virtually attending on social media and tagging the Legislative Breakfast. You can
also use #LBMH so we can share and shoutout everyone in attendance!
441 09:30:56 From Barbara Martin to Hosts and panelists:

442 Is their a way to get these stats after the conference? Unfortunately, i am not in
a spot where i could have wrote them down

443 09:31:04 From Maximilian Shafir to Tech (Friday Center - Bart)(Direct Message):
444 Bart can you promote Valerie Arendt to a panelist she is our timekeeper

445 09:31:35 From Jenny Gadd - LBMH to Barbara Martin and all panelists:
446 You can email us later. Info@legislativebreakfastmh.org

447 09:31:51 From Barbara Martin to Hosts and panelists:
448 Thanks

449 09:32:12 From Jenny Gadd - LBMH to Barbara Martin and all panelists:
450 The event is being recorded. And the chat will be saved

451 09:32:26 From Barbara Martin to Hosts and panelists:
452
453 . Even better

454 09:34:34 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:
455 Yes !!!

456 09:34:58 From Sharon Hartwell to Everyone:
457 Well put!

458 09:35:11 From Kay Castillo to Everyone:
459 This is our year to expand Medicaid! Let's see it happen!!

460 09:35:24 From Alicia Kaplan to Everyone:
461 YES!!!! ^^^^

462 09:35:35 From Gail Pruett to Everyone:
463 @Kay - Yes! I agree!

464 09:35:55 From Maximilian Shafir to Everyone:
465 All of our Representatives and Senators are working tirelessly together to make
this change possible

466 09:35:56 From Jonah Garson to Everyone:
467

468 09:36:01 From Sy Rich to Everyone:
469 I agree 100%

470 09:36:34 From Bob Crayton to Everyone:
471

472 09:36:42 From Ashish George to Everyone:
473 With you 100%, Kay!

474 09:36:57 From Jonah Garson to Everyone:
475 Yes.

476 09:37:00 From Bob Crayton to Everyone:
477 Pointing up

478 09:37:08 From Valerie Arendt she/her NASW-NC to Everyone:
479

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

480 09:37:27 From Ashish George to Everyone:
481 Worth keeping in mind the risk of people getting kicked off Medicaid as well.
<https://www.politico.com/news/2022/02/02/medicaid-states-pandemic-loss-00004153>

482 09:37:47 From Gail Pruett to Everyone:
483 @Ashish - good pipont!

484 09:38:01 From Lily Viola to Hosts and panelists:
485 GO 988!!! So much easier to remember in a crisis! THANK YOU to all who have worked
on that!

486 09:38:07 From Gail Pruett to Everyone:
487 *point

488 09:38:10 From Jonah Garson to Everyone:
489 Ashish shared this article earlier in our breakout room-- it's definitely worth a
read.

490 09:39:22 From Jennifer Franklin to Hosts and panelists:
491 Good morning. Im Dr. Jennifer Franklin, a psychologist with over twenty years of
clinical experience in working with people who have digestive disorders. Back when
I started to specialize in this population I was one of just a handful of
gastropsychologists. My training has been in holistic psychology from the get-go,
and I have a great deal of education and insight into truly whole person care.
Change in our systems starts IMO with dismantling the current medical model which
divides mind and body. Im interested in speaking with any and all of you about how
to shift into a truly whole-person care paradigm. Thank you for making this
breakfast accessible to those outside of your sphere of influence and participants.
I worked at a renowned hospital clinic for my specialty, and I understand some of
the challenges that exist within the field of medicine. I may reach out to you and
hope you will be open to hearing perhaps new, different ways of thinking about
health that have been the cornerstone of my training

492 09:40:21 From karen chapple to Everyone:
493 YES the Justice system needs us!
494 09:41:10 From Valerie Arendt she/her NASW-NC to Hosts and panelists:
495 Y'all, we are running about 5 minutes behind
496 09:41:43 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:
497 Such a needed conversation !! Agreed ^^
498 09:42:00 From Sharon Hartwell to Everyone:
499 MAT and MATE act in Congress!
500 09:42:47 From Thava Mahadevan to Hosts and panelists:
501 Thanks. will adjust accordingly
502 09:43:03 From Barbara Martin to Hosts and panelists:
503 I just hope more can qualify for medicaid that cannot afford private insurance.
This is partly why the crisis part is so high because iprs funds are not available
for preventative service really or very limited. Another issue is those that keep
going to ER with private insurance because limited enhanced services available
because cannot get a higher level of care sadly. Definitely need alot more for
those coming out of jails and prisons too. Glad this is being looked at
504 09:43:04 From Garry Crites-NAMI North Carolina to Everyone:
505 Well said, Mr. Secretary
506 09:43:05 From Valerie Arendt she/her NASW-NC to Hosts and panelists:
507 Thank you all!
508 09:43:10 From Valerie Fox to Hosts and panelists:
509 YES!
510 09:43:40 From Alicia Kaplan to Everyone:
511
512 09:43:43 From Beth Palmer to Hosts and panelists:
513 Thank you!!!
514 09:43:45 From Lara Kehle (her/she) KidSCOpe to Everyone:
515 Thank you, Secretary Kinsley!
516 09:43:46 From Martha Turner-Quest to Everyone:
517 Excellent! Thank you!
518 09:43:47 From Sharon Hartwell to Everyone:
519 Well said!
520 09:43:49 From NCOTA Samantha Ryan (she/her/they) to Everyone:
521
522 09:43:49 From Kristin Pearson - TROSA to Everyone:
523
524 09:43:49 From RenC)e Price to Everyone:
525 Excellent!
526 09:43:50 From Keziah Cash to Everyone:
527 >>
528 09:43:51 From Jonah Garson to Everyone:
529
530 09:43:51 From Kye Gardner (they, them) to Everyone:
531
532 09:43:57 From Will Duncan to Everyone:
533
534 09:43:57 From Susan Perkins (she/her) NCAMFT to Everyone:
535
536 09:44:00 From Jasmine Thagard to Everyone:
537 >>>>
538 09:44:00 From Maura Nsonwu to Hosts and panelists:
539 Wonderful!
540 09:44:02 From Joy.Futrell to Everyone:
541 Thank you Secretary Kinsley!
542 09:44:03 From Allison Crotty, Partners to Everyone:
543
544 09:44:04 From Kay Castillo to Everyone:
545 Thanks, Secretary Kinsley!
546 09:44:04 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:
547 Create recovery ready communities Across the state!!! Thank you for such thoughtful
remarks.
548 09:44:05 From Alexis Green to Everyone:
549
550 09:44:11 From Ashley Burns to Hosts and panelists:
551
552 09:44:11 From Beth Palmer to Everyone:
553 Thank you everyone
554 09:44:16 From Natasha Donnelly to Everyone:

555 Thank you a wonderful speech we look forward to working with you Natasha and the
Cedar Oaks Clinic team

556 09:44:20 From Debra Farrington, North Carolina to Everyone:

557

558 09:44:24 From Jessie Floyd (they/them) to Everyone:

559

560 09:44:26 From Marbeth Holmes to Everyone:

561 This was awesome! Thank you Secretary Kinsley

562 09:44:33 From Melinda King to Everyone:

563 >>>

564 09:44:38 From Kathy Hotelling to Everyone:

565 Thank you!

566 09:44:43 From karen chapple to Everyone:

567 Thank you Kody!

568 09:44:46 From Jay Ratia to Hosts and panelists:

569 Thank you Secretary Kinsley

570 09:44:47 From Leslie Kellenberger to Everyone:

571 Amen and amen

572 09:44:47 From Gail Pruett to Everyone:

573 I so appreciate your vision for mental health in the state! Thank you!

574 09:44:48 From Will Duncan to Everyone:

575 Thank you for the speech Secretary Kinsley

576 09:44:50 From Sy Rich to Everyone:

577 Thank You

578 09:44:50 From Michelle Bizzell- JCPS to Everyone:

579

580 09:44:57 From Megan Edwards Collins to Everyone:

581 Thank you so much for all you do!

582 09:45:08 From Sarah Winnick to Everyone:

583

584 09:45:10 From Jamie DeMent Holcomb to Hosts and panelists:

585

586 09:45:31 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:

587

588 09:45:39 From Jonah Garson to Everyone:

589 A giant.

590 09:45:52 From Debra Farrington, North Carolina to Everyone:

591 Thank you Secretary Kinsley for the vision and clear call for us to work as a State
to improve mental health access for all citizens

592 09:45:57 From Gail Pruett to Everyone:

593 Agree, Jonah

594 09:46:36 From Valerie Arendt she/her NASW-NC to Hosts and panelists:

595 We are about 10 minutes behind all

596 09:49:21 From Crispy Bess to Hosts and panelists:

597 Well deserved.

598 09:49:31 From Allison Crotty, Partners to Everyone:

599

600 09:49:33 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:

601

602 09:49:41 From Crispy Bess to Everyone:

603 Yay!

604 09:49:42 From Rep. Rachel Hunt to Everyone:

605 Congratulations Sen. Burgin!

606 09:49:55 From Julie Bailey, Josh's Hope to Everyone:

607 Thank you, Sec. Kinsley!

608 09:50:10 From Valerie Arendt she/her NASW-NC to Everyone:

609 Legislative Breakfast Program and Agenda:
<https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf>

610 09:50:33 From Bob Crayton to Everyone:

611 CONGRATULATIONS, Sen. Jim Burgin!

612 09:50:43 From becky carney to Hosts and panelists:

613 Congratulations Senator Burgin!

614 09:51:17 From Floyd McKissick Jr to Hosts and panelists:

615 Congratulations Senator Burgin . I commend you for your leadership on issues
relating to health and human services.

616 09:51:26 From Kathy Eden to Hosts and panelists:

617 \

618 09:51:35 From Julie Bailey, Josh's Hope to Everyone:

619 Good morning, Haley! Welcome!
620 09:51:37 From Maximilian Shafir to Everyone:
621 Congrats to Sen. Burgin
622 09:51:44 From Jamezetta Bedford to Everyone:
623 Thanks to the organizers!!
624 09:52:05 From Alice Lutz, Triangle Family Services to Everyone:
625 Will Secretary Cody's stats shared be available to participants?
626 09:52:23 From Rep. Mary Belk to Everyone:
627 Congratulations, Sen. Burgin!
628 09:53:02 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
629 The program is being recorded and will be available on our website in a few days.
630 09:53:04 From Kenan Durham to Everyone:
631
632 09:53:14 From Ashish George to Everyone:
633 Thanks, Jenny.
634 09:53:19 From Gail Pruettt to Everyone:
635
636 09:53:29 From Alice Lutz, Triangle Family Services to Everyone:
637 THANKS
638 09:53:33 From Sherri McGimsey to Everyone:
639 Our son does not have a Behavioral Health issue he has a serious brain disorder
wrongly called serious mental illness. Until we get more people to understand this
and help to get schizoaffective reclassified so it can be treated as other brain
diseases.
640 09:53:55 From Marbeth Holmes to Everyone:
641 WOW Hailey! Awesome point
642 09:55:42 From Tech (Friday Center - Bart) to Rep. Pat Hurley(Direct Message):
643 Rep Hurley, I muted your microphone because we we're getting some background noise.
Make sure you unmute yourself when its you're up to present after Ms. Shafir
644 09:55:53 From Alice Lutz, Triangle Family Services to Everyone:
645 jenny -to be clear what website address will be used for posting of the transcript
646 09:56:12 From Amy Dickey to Everyone:
647 Powerful Hailey and very true! Thank you for the important reminder.
648 09:56:29 From Valerie Arendt she/her NASW-NC to Alice Lutz, Triangle Family Services
and all panelists:
649 It will be emailed to all registered attendees, Alice.
650 09:56:51 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
651 <https://legislativebreakfastmh.org>
652 09:56:59 From Debra Farrington, North Carolina to Everyone:
653 Thank you Hailey for sharing your life and experiences
654 09:57:25 From Sarah S to Everyone:
655 thank you for sharing
656 09:57:31 From Samantha Reneau She/Her to Everyone:
657 Thank you for sharing
658 09:57:31 From Gail Pruettt to Everyone:
659 Your personal experience and your points of power related to all of the keys is so
important and profound.
660 09:58:07 From Kathy Hotelling to Everyone:
661 I appreciate your willingness to share your life story. Thank you
662 09:58:12 From Maura Nsonwu to Hosts and panelists:
663 Thank you for being vulnerable and sharing your personal story so we all can learn.
664 09:58:17 From Alice Lutz, Triangle Family Services to Everyone:
665 you are courageous to share your story thank you for being brave and your leadership
666 09:58:18 From Natasha Donnelly to Everyone:
667 I will use the keys for every client I see from now on - thank you
668 09:58:56 From Marbeth Holmes to Everyone:
669 What courage to share and what a significant analogy of keys
670 09:59:12 From Jonah Garson to Everyone:
671 Thank you, Hailey, for sharing your story.
672 09:59:59 From Jamie DeMent Holcomb to Everyone:
673 Thank you so much for sharing your story if we all shared more, we would make great
strides in removing the stigma around mental health issues.
674 10:00:00 From Anita Daniels to Everyone:
675 Telehealth has made a huge difference in the numbers of people willing to seek
therapy. I am grateful to the insurance companies and hope this trend will
continue for the clients. Thank you for sharing your story, Ms. Shafir.
676 10:00:26 From Julie Bailey, Josh's Hope to Everyone:
677 Definitely, Hailey! Differences become divisions for further inequality!! Very
true. Thank you.

678 10:00:32 From Gail Pruettt to Everyone:
679 It also means valuing each person is worthy of respect and equity.
680 10:00:40 From Maximilian Shafir to Everyone:
681 Amazing job Hailey
682 10:00:40 From Floyd McKissick Jr to Hosts and panelists:
683 Excellent and insightful remarks .
684 10:00:41 From Alicia Kaplan to Everyone:
685 Thank you for sharing!! So powerful.
686 10:00:42 From RenC)e Price to Everyone:
687 Thank you, Hailey.
688 10:00:43 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:
689 Amazing story !!!! Thank you for sharing your lived experiences and using them to
spread awareness and encourage change !
690 10:00:54 From Philip to Everyone:
691 Well said Hailey! Thank you very much.
692 10:00:59 From Barbara Martin to Hosts and panelists:
693 Great presentation! Very powerful. Thanks for sharing
694 10:01:03 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
695 Thank you for sharing your story! WOW!
696 10:01:04 From Jessica Williford to Everyone:
697 Such an amazing job Hailey!
698 10:01:04 From Beth Palmer to Everyone:
699 Thank you, Hailey!
700 10:01:06 From Rose Hoban to Hosts and panelists:
701
702 10:01:08 From Kay Castillo to Everyone:
703 Very inspirational, Hailey. Thank you for sharing your story and words of
encouragement this morning.
704 10:01:17 From Pamela Wheeler to Everyone:
705 Hailey Shafir,,,,Superstarb-
706 10:01:23 From Jay Ratia to Hosts and panelists:
707 Thank you Haily for sharing your personal story
708 10:01:26 From elissabrody to Hosts and panelists:
709 Hailey, can I have a copy of the Keys?
710 10:01:38 From Marcie Boyes to Everyone:
711 Thank you for sharing your story and being so authentic! Always wonderful to hear
you speak!
712 10:01:50 From elissabrody to Hosts and panelists:
713 Please email keys to elissabrody@gmail.com
714 10:01:55 From Valerie Arendt she/her NASW-NC to Hosts and panelists:
715 We are still 10 minutes behind. I will be sending gifts to anyone who can shave a
minute or 2 off their speech
716 10:02:04 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Hosts and panelists:
717 Haley, I would love that quote to be placed in chat if you are able !!
718 10:02:21 From becky carney to Hosts and panelists:
719 Thank you for sharing your powerful story!
720 10:02:26 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
721 Haileys company https://legislativebreakfastmh.org/?page_id=3817
722 10:02:43 From Mallory Lane to Hosts and panelists:
723 Thanks so much for sharing Hailey! It was amazing.
724 10:02:49 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
725 <https://therapyc Cred.com>
726 10:05:09 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
727 Victoria Whitt Sandhills
728 10:06:16 From Sharon Hartwell to Everyone:
729 YAY CIT
730 10:06:49 From Sherri McGimsey to Everyone:
731 Repealing the IMD rule is fiscally responsible. When hospitalization is required,
the current Medicaid reimbursement structure incentive the use of psychiatric
facilities with fewer than 16 beds and inpatient care in nonspecialized units
throughout hospitals. Enforce the Mental Health Parity and Addiction Equity Act of
2008.
732 10:07:40 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
733 Wilkes County is working on forming a CIT Co-Responder model, grateful for this
conversation and highlighting this important topic.
734 10:08:14 From Sherri McGimsey to Everyone:
735 CIT is so important for families lie ours.
736 10:08:40 From Deby Dihoff to Everyone:
737 Thrilled to see attention to the need to repeal the IMD rule. So good to see you

Rep Hurley- thanks for everything you do

738 10:09:29 From Sherri McGimsey to Everyone:
739 Thank you Rep Hurley.

740 10:09:39 From Gail Pruett to Everyone:
741 Thank you Rep. Hurley!

742 10:09:41 From Maximilian Shafir to Everyone:
743 Amazing job Rep. Hurley and thank you for representing Randolph County and the
needs of your community

744 10:09:59 From Valerie Arendt she/her NASW-NC to Everyone:
745 Thank you, Rep Hurley!

746 10:10:59 From Maximilian Shafir to Everyone:
747 You are absolutely correct Sen. Batch

748 10:11:11 From Gail Pruett to Everyone:
749 Bullying is a strong contributing factor to mental illness.

750 10:11:21 From Maximilian Shafir to Everyone:
751 Thank you for highlighting that as well as increasing suicidality.

752 10:11:38 From Hailey Shafir to Everyone:
753 Completely agree Senator Batch and all the research supports that- especially for
kids and teens

754 10:13:40 From Pamela Wheeler to Everyone:
755 TY for highlighting the MH needs of children!!

756 10:14:32 From Maximilian Shafir to Everyone:
757 Family work is so important. Kids are formed from the systems that are around them

758 10:14:42 From NCOTA Samantha Ryan (she/her/they) to Everyone:
759 Absolutely agree!

760 10:14:51 From Alicia Kaplan to Everyone:
761 Yes, 1000%

762 10:14:58 From Crispy Bess to Hosts and panelists:
763 Hear hear!

764 10:15:00 From Jamie DeMent Holcomb to Everyone:
765 Yes!!!!

766 10:15:00 From Maura Nsonwu to Hosts and panelists:
767 Sydney - I love watching you on PBS Front Row. Thank you for sharing your knowledge
and being an agent of change

768 10:15:07 From Marbeth Holmes to Everyone:
769 Yes, we must focus on the layers of children and parents/guardians/families and
communities together

770 10:15:14 From Crispy Bess to Everyone:
771 Hear hear!

772 10:15:17 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
773 Yes !!!!

774 10:15:18 From Anita Daniels to Everyone:
775 Thank you so much Senator Batch for pointing this out! People's expectations are
just too unrealistic!

776 10:15:28 From Jennifer Franklin to Everyone:
777 Human beings sometimes need to be in the loving presence of other safe, kind,
gentle human beings. When we need this, apps/social media are not sufficient for
meeting our health needs. PsiAN has been doing tremendous work to raise awareness
about the problems with these models, highlighting the issues re: corporatization
of mental health services.

778 10:15:29 From Will Duncan to Everyone:
779 Couldn't agree more with that Sen. Batch

780 10:15:33 From Lisa Grafstein to Everyone:
781

782 10:15:39 From Sofia Moyano-Kleckner, NC to Everyone:
783 Exactly! That is why when we work on early childhood mental health, we first have
to work with the caregivers.

784 10:16:24 From Beth Palmer to Everyone:
785 Yes!

786 10:16:28 From Amy Dickey to Everyone:
787 100% agree!! Sen. Batch. You could not be more spot on!

788 10:16:33 From Jonah Garson to Everyone:
789 100%

790 10:16:35 From Valerie Arendt she/her NASW-NC to Everyone:
791 Yes, it is not a workforce shortage, it is providers leaving networks because of
the low reimbursement and administrative burden

792 10:16:37 From Barbara Martin to Hosts and panelists:
793 Yes thank you

794 10:16:56 From Barbara Martin to Hosts and panelists:

795 Also such limited services for private insurance
796 10:16:56 From Anita Daniels to Everyone:
797 Senator Batch, so true. As therapists, it is so many hoops for us to jump through
to offer services.

798 10:17:00 From Mary Kimmel to Hosts and panelists:
799 And payment models that support dyad/triad/family support

800 10:17:08 From Alicia Kaplan to Everyone:
801 Yes Valerie!!

802 10:18:00 From Alice Lutz, Triangle Family Services to Hosts and panelists:
803 you are exactly right we are struggling to find additional therapists and we do
provide the TF-CBT and other EBT training @Triangle Family Services. I would love
to connect with you Alice Lutz - CEO Triangle Family Services alutz@tfsnc.org

804 10:18:07 From Maximilian Shafir to Everyone:
805 We need to collaborate together to make these changes occur and Sen. Batch you are
leading the way. Thank you for everything

806 10:18:12 From Jonah Garson to Everyone:
807 Thank you, Sen. Batch.

808 10:18:13 From Jennifer Franklin to Everyone:
809 yes to Valeries comment. 100%. Im one of them. And it is sad to not be able to help
people without means, but I'm not willing to be a sacrificial lamb because of
corporations like health insurance companies who are thinking primarily or only
about their bottom line, not about mine.

810 10:18:24 From Kathy Hotelling to Everyone:
811 Senator Batch, you are 100% right on in each of your remarks. Thank you so much.

812 10:18:29 From Leslie Kellenberger to Everyone:
813 Most sincere thanks

814 10:18:40 From Sharon Hartwell to Everyone:
815 Self-care!!!

816 10:18:41 From Rep. Rachel Hunt to Everyone:
817 Thank You Sen. Batch!

818 10:18:44 From Joy.Futrell to Everyone:
819 Thank you Senator Batch!

820 10:18:55 From Alice Lutz, Triangle Family Services to Hosts and panelists:
821 Thank you Sen. Batch

822 10:18:56 From Valerie Arendt she/her NASW-NC to Everyone:
823

824 10:18:56 From Gail Pruettt to Everyone:
825 Thank YOU! You are an example of how we all need to be thinking.

826 10:19:12 From Sue Ann Forrest - Trillium Health Resources to Everyone:
827 Thank you, Senator Batch!

828 10:19:29 From Sherri McGimsey to Everyone:
829 Thank you Sen Batch!!!

830 10:19:43 From Amy Dickey to Everyone:
831 In Charlotte there are multiple providers who have opened secondary "fee for
service" practices and only accept new clients in those practices and not their
practice that contracts with insurance. contracted

832 10:19:49 From Lara Kehle (her/she) KidSCOpe to Everyone:
833 Thank you for all you do, Senator Batch!

834 10:19:49 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
835 <https://www.northcarolinahealthnews.org>

836 10:19:52 From Amy Dickey to Everyone:
837 Wonderful speakers today!

838 10:20:06 From Valerie Arendt she/her NASW-NC to Everyone:
839 Legislative Breakfast Program and Agenda:
[https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Versi
on-2.0.pdf](https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf)

840 10:20:25 From Cramer Gallimore to Everyone:
841 Good morning everyone. I am photographing the event. Hence Im not seen nor
heard&very busy behind two computers! THANK YOU all for having me here.

842 10:20:49 From Natasha Donnelly to Everyone:
843 Hello Rose we hope you will come and visit our new holistic clinic soon! We are
starting metabolic Mondays soon! Cedar Oaks Clinic PLLC

844 10:21:45 From Carey Wainwright to Everyone:
845 Thank you Hailey for your testimony and the legislators for their tireless efforts.

846 10:21:50 From Beth Palmer to Everyone:
847 I hope to visit soon, Natasha! Wonderful work.

848 10:22:37 From Natasha Donnelly to Everyone:
849 Thank you Beth - come visit anytime! All welcome

850 10:23:13 From Kathy Eden to Hosts and panelists:

851 \

852 10:23:17 From Maximilian Shafir to Everyone:
853 Woot Woot to JOCO, Wake and Durham for leading the charge

854 10:23:26 From Amy Dickey to Everyone:
855 UCPS, Union County DSS and Union County Consolidated Human Services Board have a great collaborative approach.

856 10:23:37 From Maximilian Shafir to Everyone:
857 Talk to Michelle Bizzell she has lots of info about that

858 10:23:39 From Barbara Martin to Hosts and panelists:
859 I work at a school and i just want to make sure folks are not confusing school counselors and schools psychologists as mh professional

860 10:23:39 From Natasha Donnelly to Everyone:
861 We have just opened a same day drop in for children at Cedar Oaks Clinic - we have a therapist/ social worker and Psych NP

862 10:23:43 From Valerie Fox to Hosts and panelists:
863 Agree! OTs are already IN the school system and could be doing mental health skill-building and supports too!

864 10:24:21 From Anita Daniels to Everyone:
865 If we can invest in more programs like Parenting of Adolescents which is an evidence-based program that works with the entire family and the child in the school, etc. Everyone is served. It works!

866 10:24:31 From Barbara Martin to Hosts and panelists:
867 The schools need more people that have mh backgrounds and not just a few people for the whole county

868 10:24:46 From Geraldine Alshamy to Hosts and panelists:
869 Can elected officials work with community advocates to reduce suspensions among children with behavior and conduct disorders for the manifestation of their disability

870 10:25:13 From Valerie Fox to Hosts and panelists:
871 In addition, Telehealth services for OT and PT that was extended during COVID is sunseting March 31st. Maintaining avenues for access to care is needed and advocating for permanent access for Telehealth rehab services through HR226

872 10:25:51 From Julie Bailey, Josh's Hope to Everyone:
873 Medicaid Expansion is absolutely a MUST in NC. By not expanding Medicaid, we are failing people in need. It's time Republicans and Democrats to unite and make this happen. No more excuses, please!

874 10:26:08 From Natasha Donnelly to Everyone:
875 Also our clinics are struggling because insurance credentialing takes so long - at the moment we are funding the additional services but we need help. We can't credentialing be expediated so that our most vulnerable populations can get care. We are here, ready but credentialing is taking too long

876 10:26:18 From Jennifer Franklin to Everyone:
877 yes, and how do you get cooperation from health-insurance companies are supporting low admin burden on mental health providers?

878 10:26:32 From Kay Castillo to Everyone:
879 Social workers at the table :)

880 10:26:33 From Valerie Arendt she/her NASW-NC to Everyone:
881 Yes, social work!!!

882 10:26:45 From Anita Daniels to Everyone:
883 Telehealth really works if insurance companies do not revert to requiring clients to have in-person sessions. Yes! Yes! Social Workers!

884 10:26:51 From Sally Greene to Hosts and panelists:
885 Another reason for real broadband in rural areas.

886 10:26:52 From Natasha Donnelly to Everyone:
887 Absolutely Jennifer when providers are willing to do this we are crushed and risk financial ruin

888 10:27:00 From Amy Dickey to Everyone:
889 There is a disconnect in communication and a need for collaborative relationships and systems navigation between community providers and LME/MCO and the school system (DPI/SEA/LEA).

890 10:27:04 From Natasha Donnelly to Everyone:
891 Fast credentialing!!

892 10:27:15 From Jonah Garson to Everyone:
893 Yes.

894 10:27:26 From Anita Daniels to Everyone:
895 Agreed Natasha. Credentialing takes much too long!

896 10:27:32 From Sue Ann Forrest - Trillium Health Resources to Hosts and panelists:
897 So agree with the loan repayment point!

898 10:27:41 From Natasha Donnelly to Everyone:

899 We want to provide care but we are delayed. I started credentialing in Feb 2021 we
are still not credentialed by Alliance

900 10:27:41 From Gail Pruett to Everyone:
901 Amy - so agree that increased communication and collaboration among stake holders
are so needed.

902 10:27:47 From Jennifer Franklin to Everyone:
903 some of the most seasoned professionals are not in-network

904 10:28:04 From Chelsea Bartel (3-C Family Services) to Everyone:
905 Yes, thank you for bringing up student loan forgiveness.

906 10:28:09 From Natasha Donnelly to Everyone:
907 We are desperate to be in network to sustain and open access

908 10:28:23 From Jennifer Franklin to Everyone:
909 but not at our own expense!

910 10:28:26 From Barbara Martin to Hosts and panelists:
911 Incentives and maybe offering low cost specialized trainings to them if they are
willing to move to a rural area to serve on addition to help with student loans

912 10:28:29 From elissabrody to Hosts and panelists:
913 I propose that if healthcare providers are providing services for vulnerable
populations (MH, minorities, corrections, clients without health insurance, poor
access to care such as rural communities.) should have forgiveness of education
loans. This would increase providers.

914 10:28:37 From Valerie Arendt she/her NASW-NC to Everyone:
915 <https://ncopioidsettlement.org/>

916 10:28:43 From Barbara Martin to Hosts and panelists:
917 This could help them and the pt with having more specialized tx too

918 10:28:47 From Natasha Donnelly to Everyone:
919 Again we are also MAT trained but we can't get the Medicaid and Medicare process to
go through

920 10:28:49 From Maximilian Shafir to Everyone:
921 We need to focus on appropriations in the right places and the right people and
utilize the resources we have in the right ways

922 10:29:11 From Gail Pruett to Everyone:
923 So true, Max

924 10:29:28 From Natasha Donnelly to Everyone:
925 Providers are moving out of State because of this credentialing crisis - we want to
help but we can't afford to work without payment

926 10:29:36 From Jennifer Franklin to Everyone:
927 will you please elaborate on your last comment Mx?

928 10:29:40 From Jennifer Franklin to Everyone:
929 Max?

930 10:29:49 From Sally Greene to Hosts and panelists:
931 Yes, note the link to the opioids settlement pages. With the coming of the national
settlement money to all 100 counties, the DHHS with ND DOJ and NC Association of
County Commissioners is providing great resources to guide the effective use of
these resources.

932 10:30:02 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
933 Yes Haley, we need to increase access to harm reduction services and peer support
services.

934 10:30:11 From Samantha Reneau She/Her to Everyone:
935 Narcan

936 10:30:24 From Maximilian Shafir to Everyone:
937 We have funding in multiple sources but we need to look at our outcomes on EBPs
with MCOs and now PHPs as well as with the NCGA to ensure the funding we are using
is making a lasting impact and if not where should it be going

938 10:30:32 From Anita Daniels to Everyone:
939 The standards of care for opioids is NOT working. Suboxone was supposed to be for
6 months WITH weekly counseling and taper off. Instead, people are 5+ years and
are still using other opioids and that's why so many people are dying of overdose.
We should NOT be dosing people who are testing positive for other opioids in the
programs (Methadone, Suboxone, etc.)

940 10:30:51 From Natasha Donnelly to Everyone:
941 In our case the service is here, the access is delayed because we have to be able
to pay our providers.

942 10:30:52 From Marbeth Holmes to Everyone:
943 Harm reduction is a vital life saving treatment

944 10:30:55 From Kathy Hotelling to Everyone:
945 We need to remember that opioids are often used in conjunction with alcohol. And
with COVID and folks at home and increased drinking, we are having more children
exposed to alcohol in utero. This can lead to the developmental disability, Fetal

Alcohol Spectrum Disorder, which affects 1 in 20 (per May, UNC, 2018) This is a hidden epidemic that has too long been ignored

946 10:31:03 From elissabrody to Hosts and panelists:
947 Some states are having safe places for people to take drugs.

948 10:31:07 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
949 Yes Marbeth!

950 10:31:13 From Barbara Martin to Hosts and panelists:
951
952

953 10:31:15 From Maximilian Shafir to Everyone:
954 Absolutely Kathy

955 10:31:17 From Julie Bailey, Josh's Hope to Everyone:
956 That sounds like a great program, Rep. Cunningham. However, if the social workers are only there for a short time while fulfilling an internship towards a degree, what happens when they leave? It's already an issue to get people to come to therapy, establish a trusting relationship with a therapist but to have to re-establish with a new provider...? I know from experience that each time someone has to change to another therapist/provider is like starting over, anew, so a step backwards. We need to have continuity of care with treatment providers and not have consumers feel like they are caught in a revolving door. Establishing trust is vital to success in treatment.

957 10:31:23 From Sharon Hartwell to Everyone:
958 MAT at the Federal level!

959 10:31:30 From Sarah S to Everyone:
960 We SHOULD be giving them the Narcan OD reversal & everytime

961 10:32:21 From Jennifer Franklin to Everyone:
962 another problem re: access is that private practitioners do not have the POWER, speaking of power, to negotiate with health-insurance companies for higher fees, so private practitioners earn less per session for in-network care than those employed

963 10:33:00 From Maximilian Shafir to Everyone:
964 Amazing Job to Pillar I yall are amazing

965 10:33:04 From Lilly (she, her, hers) to Everyone:
966 @Marbeth agreed. @Sarah S absolutely. We wouldnt deny life-saving treatment to folks with other diseases (cancer, etc.). We should never deny treatment to those living with addiction.

967 10:33:09 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
968 Yes Sarah !!! Narcan does not enable people who use drugs the only thing it enables is life.

969 10:33:22 From Kay Castillo to Everyone:
970 Thank you Rep. Hurley, Hailey, and Senator Batch! Great panel!!

971 10:33:31 From Jane Crowder to Hosts and panelists:
972 Is there a way to capture the chat for distribution along with the recordings?

973 10:33:32 From Allen Buansi to Hosts and panelists:
974 Great panel indeed!!

975 10:34:17 From Krystin Wingfield to Hosts and panelists:
976 Thank you Sarah. Viewing student here. I take a lot of issue with how the comment was formed. No such thing as too many chances at life.

977 10:34:21 From Valerie Arendt she/her NASW-NC to Everyone:
978 <https://twitter.com/lof2vics>

979 10:34:34 From Sen. Mike Woodard | he, him, his to Hosts and panelists:
980 Victors Twitter handle: @lof2vics

981 10:34:36 From Kay Castillo to Everyone:
982 YES!!!

983 10:34:36 From Kye Gardner (they, them) to Everyone:
984

985 10:34:39 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
986 Hello Victoria- its always good to see and hear you speak !!

987 10:34:44 From Jonah Garson to Everyone:
988

989 10:34:48 From Valerie Arendt she/her NASW-NC to Everyone:
990 YES! SOCIAL WORK

991 10:34:55 From Julie Bailey, Josh's Hope to Everyone:
992 Thank you Victor! Good to hear from you!

993 10:35:01 From Alicia Kaplan to Everyone:
994 SOCIAL WORK SHOUT OUT!!

995 10:35:05 From Melinda King to Everyone:
996 >

997 10:35:08 From Natasha Donnelly to Everyone:
998 Good to hear from you Victor!

999 10:35:20 From Anita Daniels to Everyone:
1000 I am ARROGANTLY a proud social worker, too. And my grandfather was a Baptist
preacher. It makes a difference! I love your lived experience.

1001 10:35:37 From Sherri McGimsey to Everyone:
1002 So agree Sarah, Narcan is the first line of defense in this war on this horrible
drug.

1003 10:35:58 From Hailey Shafir to Anita Daniels and all panelists:
1004 Anita I totally agree with you about MAT. Thank you for helping to balance out that
conversation, regardless of the fact that view isnt popular these days.

1005 10:36:04 From Marbeth Holmes to Everyone:
1006 Be Here Tomorrow Victor!!

1007 10:36:09 From Barbara Myers to Everyone:
1008 Yes Thanks for owi

1009 10:36:22 From Beth Palmer to Everyone:
1010 Yes.

1011 10:36:23 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1012 Ive been to a lot of these Breakfasts over the years but this is one is FANTASTIC!

1013 10:36:26 From Wysheka Glover to Everyone:
1014 Hey! Just seen you in my Wednesday training. So happy to see you again.

1015 10:36:41 From Valerie Arendt she/her NASW-NC to Everyone:
1016

<https://www.naswnc.org/news/593342/North-Carolina-State-Leader-Named-NASW-North-Carolina-2022-Social-Worker-of-the-Year.htm>

1017 10:36:45 From Julie Bailey, Josh's Hope to Everyone:
1018 Equity IS essential! Absolutely!

1019 10:37:02 From Melinda King to Everyone:
1020 >

1021 10:37:10 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1022

1023 10:37:20 From Karim Nassar to Hosts and panelists:
1024

1025 10:37:27 From Anita Daniels to Everyone:
1026 I'm with you @Jenny Gadd! Maybe just being able to respond as we listen is what's
making the difference.

1027 10:37:42 From NCOTA Samantha Ryan (she/her/they) to Everyone:
1028
1029

1030 10:37:42 From Barbara Myers to Everyone:
1031 Tell the truth.

1032 10:37:50 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1033 The power and wisdom of lived experiences

1034 10:38:17 From Maximilian Shafir to Everyone:
1035 Remember those keys we ALL hold and how we use them.

1036 10:38:34 From Laura Lindsey (she/her) to Everyone:
1037 So encouraged by the topic of equity being centered in this discussion! Loving the
lived experiences being shared as a foundation for the conversation.

1038 10:38:35 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1039 Yes !!!!

1040 10:38:36 From Sharon Hartwell to Everyone:
1041 no tokenism

1042 10:38:37 From Gail Pruettt to Everyone:
1043 I so agree that protecting people from the person with mental illness in an
emergency is wrong.

1044 10:38:38 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1045 Excellent point Victor!!

1046 10:38:43 From Barbara Myers to Everyone:
1047 Fair and Just based on lived experiences. My voice must be at the table!!

1048 10:38:45 From Samantha Reneau She/Her to Everyone:
1049

1050 10:39:01 From Lara Kehle (her/she) KidSCOpe to Everyone:
1051 Yes! Such an important message! Thank you.

1052 10:39:05 From Melinda King to Everyone:
1053 >>

1054 10:39:12 From Jennifer Franklin to Everyone:
1055 Yes to all you have said and our health care system is also NOT designed to be
comprehensive/holistic/integrative. It is based on a Cartesian mind-body DIVIDE. I
recently published an pop article on this matter.

1056 10:39:17 From Krystin Wingfield to Everyone:
1057 Thank you Sarah S. Just a viewing student here, but there is no such thing as too

many chances at life. Continued supply of emergency services has to continue along side improved preventative and therapeutic services. I take issue with the comment of overdose victims needing to wake up.

1058 10:39:43 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1059 People with lived experience should have a seat at the table ALWAYS, and not just a seat a voice that is valued !!

1060 10:40:50 From Elizabeth Field to Hosts and panelists:
1061 Thank you for the broad perspective of Equity across issues, races, disability and how perceptions influence access to care.

1062 10:41:01 From Anita Daniels to Everyone:
1063 Mr. Armstrong, please TELL it!

1064 10:41:03 From Cindy Wheeler to Everyone:
1065 Victor Armstrong is spot on! What an insightful and powerful voice and perspective for articulating the realities of the current MH system.

1066 10:41:08 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1067 We must invest in peer-controlled operated services
1068

1069 10:41:24 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1070 Yes DAMIE !!!!

1071 10:41:27 From Barbara Martin to Hosts and panelists:
1072 Yes

1073 10:41:40 From Barbara Martin to Hosts and panelists:
1074 Can we do more qpr

1075 10:41:50 From Barbara Martin to Hosts and panelists:
1076 More QPR everywhere

1077 10:42:35 From Barbara Martin to Hosts and panelists:
1078 More CALM trainings too

1079 10:43:01 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1080 Peer Supports !!! Yes

1081 10:43:11 From Melinda King to Everyone:
1082 .>

1083 10:43:29 From Samantha Reneau She/Her to Everyone:
1084 Yes

1085 10:43:31 From Barbara Martin to Hosts and panelists:
1086 Power of connection

1087 10:43:42 From Cindy Wheeler to Everyone:
1088 Please help us understand how to help our loved ones living with MH conditions access NC peer support specialists...

1089 10:44:06 From Ashley Burns to Hosts and panelists:
1090
1091

1092 10:44:28 From Anita Daniels to Everyone:
1093 I encourage everyone to read, The Unapologetic Guide to Black Mental Health: Navigate an Unequal System, Learn Tools for Wellness, and Get the Help You DESERVE, by Rheeda Walker, Ph.D. She keeps it real and makes it plain.

1094 10:44:31 From Nazanin Rostamabadi to Hosts and panelists:
1095 Fantastic observation and speech. Lived experiences play important role in providing excellent service and treatment.

1096 10:44:40 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1097 Theyre many community based organizations that are bringing the wisdom of lived experiences. What area are you in Cindy ?? Feel free to email me director@wilkesrecoveryrevolution.com

1098 10:45:29 From Jennifer Franklin to Everyone:
1099 @Anita, thank you for this book recommendation. Sounds a like a very important read.

1100 10:46:19 From Samantha Reneau She/Her to Everyone:
1101 @Professor Daniels thank you

1102 10:46:33 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1103 Bravo Victor!

1104 10:46:44 From Barbara Martin to Hosts and panelists:
1105 My grandmothers hands by Resmaa is also a great book

1106 10:46:53 From Julie Bailey, Josh's Hope to Everyone:
1107 Community collaboration! Absolutely! With it, each of us expands our ability to best serve clients and program participants!

1108 10:46:57 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1109 NCDHHS has had these recommendations that we are hearing for several years. We are hopeful that we see these overdue strategies fully implemented in the near future. Thank you Victor for sharing your experience and commitment to E & I

1110 10:47:11 From Zaphenia Jones to Everyone:
1111 Brilliant

1112 10:47:44 From Sharon Hartwell to Everyone:
1113 participant driven measures of success!
1114 10:47:54 From Jasmine Thagard to Everyone:
1115 Do you mind sharing that pop article with us, Jennifer?? I would love to read it!
1116 10:47:55 From Dave Peterson to Everyone:
1117 Thank You Victor!
1118 10:48:00 From Camille Miller to Everyone:
1119
1120 10:48:02 From Anita Daniels to Everyone:
1121 Thank YOU, Mr. Armstrong!
1122 10:48:05 From Linda Fallon to Hosts and panelists:
1123 Amazing, Victor!
1124 10:48:05 From Iris Green to Hosts and panelists:
1125 >
1126 10:48:07 From sarah to Hosts and panelists:
1127 Powerful presentation.
1128 10:48:07 From Samantha Reneau She/Her to Everyone:
1129 Thank you Mr. Armstrong
1130 10:48:08 From Keziah Cash to Everyone:
1131 >>>
1132 10:48:08 From Launiece Newton, PMHNP-BC to Everyone:
1133 Thank you Victor!!
1134 10:48:09 From Martha Turner-Quest to Everyone:
1135 Excellent, Victor! Thank you!!!
1136 10:48:10 From Alicia Kaplan to Everyone:
1137 Thank you!!
1138 10:48:12 From Margie (she/her) to Everyone:
1139 Thank you!!
1140 10:48:13 From Jamie DeMent Holcomb to Hosts and panelists:
1141
1142 10:48:19 From Ashish George to Everyone:
1143
1144 10:48:20 From Jennifer Franklin to Everyone:
1145 @Jasmine: Glad you are asking/interested. My pleasure:
<https://www.smerconish.com/exclusive-content/simone-biles-and-why-we-must-bridge-medi-cines-mind-body-divide>
1146 10:48:20 From Ashley Burns to Hosts and panelists:
1147 Thank you
1148
1149 10:48:20 From Kay Castillo to Everyone:
1150 Thank you, Victor!!
1151 10:48:23 From Jamie DeMent Holcomb to Everyone:
1152
1153 10:48:23 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1154 Thank you Victor !!! You have always been a huge advocate and I appreciate you work !
1155 10:48:28 From Hailey Shafir to Everyone:
1156 Thank you so much Victor, grateful to have you as a strong advocate within our
community.
1157 10:48:38 From Will Duncan to Everyone:
1158 Thank you Victor!!!
1159 10:48:39 From Gail Pruet to Everyone:
1160 Thank YOU, Victor! Help us help you to accomplish these goals.
1161 10:48:44 From William Massengill to Everyone:
1162 Thank you Victor.
1163 10:48:48 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1164 Thank you Victor for being a social worker!
1165 10:48:51 From Beth Palmer to Everyone:
1166 Thank you!
1167 10:48:56 From Jennifer Franklin to Everyone:
1168 Awesome presentation, Victor and all!
1169 10:49:01 From Natasha Donnelly to Everyone:
1170 Thank you Victor
1171 10:49:12 From Rep. Carla Cunningham BSN,RN to Everyone:
1172 Thank you much Vic!
1173 10:49:13 From Shenika Allen to Everyone:
1174 Thank you so much for your advocacy within the community. You are the best Victor!
1175 10:49:23 From Nicole Semoni to Everyone:
1176 Awesome presentation Victor!!
1177 10:49:25 From Marbeth Holmes to Everyone:

1178 Thank you Victor for all you do to uplift, inform, and empower!
1179 10:49:26 From Sherri McGimsey to Everyone:
1180 Clubhouses like Fountain House in NY, Club Nova in Carrboro, Adventure House in
Shelby, Gateway in Greenville SC. Now is a training center. Now working on Brighter
House here in our community.
1181 10:50:08 From Maximilian Shafir to Everyone:
1182 Great stats that you are sharing Rep. White and Welcome to the breakfast as a
panelist we are so grateful to have you here.
1183 10:50:24 From Jasmine Thagard to Everyone:
1184 Thank you so much, Victor!! Nice to see you again (I was in the webinar this past
Weds-Thurs :)) and hear all of your words and advice! Very encouraging,
motivating, and passionate >
1185 10:51:00 From Karen Kincaid Dunn - Club Nova to Sherri McGimsey and all panelists:
1186 Let us know how we can support you. Karen - Club Nova
1187 10:51:12 From Natasha Donnelly to Everyone:
1188 Do you think we could collect up details of the new organizations that are being
shared on here so that we are up to date. There are some amazing forward thinking
organizations that are opening and I would love to know where they are and how to
make contact so that we can support each other! Thanks the Cedar Oaks Team
1189 10:51:28 From Anita Daniels to Everyone:
1190 Agreed @JasmineThagard. This may be my first time hearing Mr. Armstrong. His
words encourage and inspire.
1191 10:51:57 From Jasmine Thagard to Everyone:
1192 Thanks for the link!! @Jennifer. Look forward to reading many of the attached links
in this Breakfast later this week!
1193 10:52:12 From Barbara Martin to Hosts and panelists:
1194 That would be nice if we had more units
1195 10:52:25 From Pamela Wheeler to Everyone:
1196 JoCo is doing it right!! They embedded their OP MH clinic into their health dept.
1197 10:52:27 From Nazanin Rostamabadi to Hosts and panelists:
1198 Also the laws and policies regarding IVC in North Carolina are out dated and need
to change.
1199 25 days to 90 days IVC is not only working but is traumatic to patients and their
families.
1200 10:52:29 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1201 You can read more about the organizations involved with this event and the speakers
at our web page <https://legislativebreakfastmh.org>
1202 10:52:30 From Barbara Martin to Hosts and panelists:
1203 We have very limited kid psych units in the state
1204 10:52:43 From Maximilian Shafir to Everyone:
1205 Thats right great representation of JOCO thank you Rep. White
1206 10:53:04 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1207 We will also have the chat transcript available after the event
1208 10:53:11 From Natasha Donnelly to Everyone:
1209 Thank you Jenny!! Our website is www.cedaroaksclinic.com
1210 10:53:34 From William Massengill to Everyone:
1211 Thank you Rep White for your leadership here in Johnston County.
1212 10:54:04 From Sue Ann Forrest - Trillium Health Resources to Everyone:
1213 Thank you for your leadership on mental health in schools, Rep. White!
1214 10:54:17 From Floyd McKissick Jr to Hosts and panelists:
1215 Great conference , I bve throughly enjoyed it. Unfortunately Im going to have to
sign-off due to other commitments.
1216 10:54:26 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1217 Wilkes Recovery Revolution, Inc. is a grassroots recovery community organization.
www.wilkesrecoveryrevolution.com
1218 10:54:47 From Barbara Martin to Hosts and panelists:
1219 Agreed! I think one hurdle may be kid psych reimbursement rates are lower for
psych inpatient if not mistaken. Maybe if rate changed more incentives for other
hospitals to expand their units or open a kid psych unit. We do need more adult
and geri beds too
1220 10:55:17 From Gail Pruettt to Everyone:
1221 Transitional crisis centers, near mental health treatment centers, help save money
by decreasing hospitalizations. It shouldn't be pie-in-the-sky. Those
transitional centers help people recover from a mh crisis with the least disruption
in theirs and their family's lives possible. They actually worked well during the
old catchment area era in Buffalo NY.
1222 10:55:18 From Barbara Martin to Hosts and panelists:
1223 We also need MH professionals in the schools
1224 10:55:34 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:

1225 Thank you Commissioner McKissick for joining us today!
1226 10:55:35 From Maximilian Shafir to Everyone:
1227 Co-located school based is a great way to solve that
1228 10:55:37 From Kay Castillo to Everyone:
1229 School social work ratio is 1:1,289. Recommend 1:250.
1230 10:56:17 From Maximilian Shafir to Everyone:
1231 We can have school systems collaborate and join with providers so not as much
funding is needed for hiring individual social workers or counselors and we can
partner with our local agencies to ensure more support
1232 10:56:36 From Maximilian Shafir to Everyone:
1233 Alliance has done a great job advocating for this in Wake County
1234 10:56:47 From Barbara Martin to Hosts and panelists:
1235 School MH law could be more specific.
1236 10:57:22 From Beth Palmer to Everyone:
1237 Arts educators are working very hard in mental health support and can use all the
support they can get.
1238 10:57:37 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1239 Yay for the Arts!!
1240 10:57:42 From Maximilian Shafir to Everyone:
1241 Again I go back to the original conversation of appropriate use of funds and
ensuring we are using our current supports in the right way and collaborating in
meaningful ways.
1242 10:57:52 From Hailey Shafir to Hosts and panelists:
1243 Becky: The quote you requested is: Sooner or later, we all believe the worlds
version of who we are ~Richard Rohr
1244 10:57:53 From Barbara Martin to Hosts and panelists:
1245 Need more MH supports in schools to role it out too for school plans.
1246 10:57:56 From Valerie Fox to Everyone:
1247 Would love to see OTs being utilized more for mental health needs in the school
system. It is a very integrated approach and we are already present in the school
systems
1248 10:58:08 From Valerie Arendt she/her NASW-NC to Hosts and panelists:
1249 We are about 13 minutes behind again. Thank you for helping try to catch up all!
1250 10:58:14 From Maximilian Shafir to Everyone:
1251 Agreed Valerie Fox
1252 10:58:15 From Barbara Martin to Hosts and panelists:
1253 OTs can be very helpful
1254 10:58:36 From Beth Palmer to Everyone:
1255 Yes, Valerie! All part of Whole Person.
1256 10:58:45 From Maximilian Shafir to Everyone:
1257 OTs as well as ABA therapy can help assist teachers and staff in the school systems
without taking away from school funding
1258 10:59:03 From Amy Dickey to Everyone:
1259 VERY IMPORTANT! They should also receive their education while there.
1260 11:00:02 From Bob Crayton to Everyone:
1261 NAMI has a great resource to share with you all!
1262 NAMI is excited to announce the release of Meet Little Monster, a mental health
coloring and activity book created for young children as a tool for them to express
and explore their feelings in a fun, creative and empowering way, as well as to
help foster dialogue between children and the safe adults in their lives.
1263 11:00:14 From Barbara Maier - NAMI Orange Chatham to Everyone:
1264 Orange Cnty plans to build Crisis & Diversion Facility. NAMI Orange Chatham County
Board Member Tony Marimpietri chairs the task force.
1265 11:00:22 From Barbara Martin to Hosts and panelists:
1266 Unfortunately some of the kids ABA therapists these days are doing it at Office and
parents are not feeling supported. Been hearing this a lot, which is not good
because not the model
1267 11:00:29 From Anita Daniels to Everyone:
1268 The number of Black children now exceeds any other group for suicide. We really
need to address this issue.
1269 11:00:33 From Kay Castillo to Everyone:
1270 Very cool, Bob!
1271 11:00:40 From sarah to Hosts and panelists:
1272 Thk you Bob.
1273 11:00:52 From Maximilian Shafir to Everyone:
1274 Barbara agreed I know that at Easterseals there ABA program is going to homes and
into schools
1275 11:01:00 From Margie (she/her) to Everyone:
1276 It also starts with alcohol use&the real gateway drug in our culture.

1277 11:01:12 From Bob Crayton to Everyone:
1278 Created by NAMI Washington, Meet Little Monster was developed in response to the
ongoing pandemic, when children were suddenly cut off from their friends, teachers,
coaches, club leaders and school counselors. They were experiencing big and
powerful feelings without the community support and reassurance that they had
access to before quarantine.

1279
1280 NAMI is proud to make Meet Little Monster, available for download in English as
well as Spanish, for families, organizations, teachers and young people across the
country at no-cost here.
<https://www.nami.org/Your-Journey/Kids-Teens-and-Young-Adults/Kids/How-to-Talk-to-Your-Child-About-Their-Mental-Health#MONSTER>

1281 11:01:21 From Alicia Kaplan to Everyone:
1282 Trauma is the real gateway drug.

1283 11:01:29 From Kay Castillo to Everyone:
1284 Thank you, Rep. White. You are working hard and we appreciate it! Thanks for all
you've done for our older adults as well!

1285 11:01:34 From Jennifer Franklin to Everyone:
1286 Nice @Alicia!

1287 11:01:34 From Barbara Martin to Hosts and panelists:
1288 I wish they were in my county. Easter seals used to be in another county i worked
and had good rapport with them

1289 11:01:42 From Karen Kincaid Dunn - Club Nova to Everyone:
1290 We are planning to start a young adult program that can work with students. We look
forward to collaborating with the schools in Orange County

1291 11:02:24 From Barbara Martin to Hosts and panelists:
1292 Thanks bob for sharing that book

1293 11:03:14 From Maximilian Shafir to Everyone:
1294 Great job Rep. White we know how hard you are working across the aisle and making
sure the hard work gets done

1295 11:03:30 From Anita Daniels to Everyone:
1296 Always so happy to see you Representative Cunningham!

1297 11:03:58 From Jasmine Thagard to Everyone:
1298 Thank you so much for providing that resource, Bob!! Adding it to my tool bag :)

1299 11:04:18 From Krystin Wingfield to Everyone:
1300 ABA has a lot of re-evaluating to do in its core goals and values before it should
be generally integrated and promoted. If we are going to discuss its availability
and integration, true consideration of the general adult autism-communities
feedback must take place.

1301 11:05:04 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1302

1303 11:05:26 From NCOTA Samantha Ryan (she/her/they) to Everyone:
1304 Agreed @Krystin Wingfield.

1305 11:05:28 From Alicia Kaplan to Everyone:
1306 Yes Krystin

1307 11:05:48 From Thava Mahadevan to Tech (Friday Center - Bart) (Direct Message):
1308 Hi Bart, I plan to share screen and show a few slides. Hope that is still ok

1309 11:05:49 From Melinda King to Everyone:
1310 >

1311 11:05:52 From Robin Henderson-Wiley to Everyone:
1312 Yes!

1313 11:06:11 From Anita Daniels to Everyone:
1314 You are PREACHING, Representative Cunningham!

1315 11:06:16 From Sharon Hartwell to Everyone:
1316 No matter what, you do what is needed!

1317 11:06:16 From Nazanin Rostamabadi to Hosts and panelists:
1318 Best program for bringing youth and adolescent out of isolation are participating
in group Art, music, and dance program. Adolescents need to fill senses of
belonging as well as being productive.

1319 11:06:37 From Beth Palmer to Everyone:
1320 Yes, Rep. Cunningham. Thank you!

1321 11:07:39 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1322 The Black Leaders in Mental Health Recovery Coalition (a coalition of Peer Voice
NC)launched in January. We hear you, we see you Representative Cunningham. Thank
you for your leadership.

1323 11:07:40 From Sharon Hartwell to Everyone:
1324 Trust? Can you say "Tuskegee?"

1325 11:08:03 From Jamezetta Bedford to Everyone:
1326 Tell it Rep Cunningham!!

1327 11:08:16 From Samantha Reneau She/Her to Everyone:
1328
1329 11:08:26 From sarah to Hosts and panelists:
1330 Healthcare literacy - yes!
1331 11:08:30 From Jamezetta Bedford to Everyone:
1332 I cried when I was able to get the vaccine and didn't realize I held all that
anxiety!
1333 11:08:32 From Cindy Wheeler to Everyone:
1334 Rep. Cunningham you are so right...thank you so very much for speaking the truth!
Lead on!
1335 11:08:33 From Anita Daniels to Everyone:
1336 And sterilization in NC @Sharon Hartwell?
1337 11:08:38 From Maximilian Shafir to Everyone:
1338 Agreed thank you Rep. Cunningham
1339 11:08:39 From Natasha Donnelly to Everyone:
1340 Wonderful Rep Cunningham
1341 11:08:41 From Sharon Hartwell to Everyone:
1342
1343 11:08:42 From Alicia Kaplan to Everyone:
1344 Yes!!!
1345 11:08:43 From Kay Castillo to Everyone:
1346 Thank you, Rep. Cunningham!!!
1347 11:08:45 From Barbara Martin to Hosts and panelists:
1348 Agreed Krystin.
1349 11:08:46 From Julie Bailey, Josh's Hope to Everyone:
1350 Good food for thought! Thank you, Rep. Cunningham!
1351 11:08:46 From Ashley Burns to Hosts and panelists:
1352
1353 11:08:48 From Vicki Smith to Everyone:
1354 Thank you Rep Cunningham for your powerful statements!
1355 11:08:49 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1356 Yaaass!
1357 11:08:51 From Keziah Cash to Everyone:
1358 Yes!!
1359 11:08:56 From Shenika Allen to Everyone:
1360 Yes, Rep. Cunningham. Preach it and we are listening. I thank you for that
message. We needed that.
1361 11:08:57 From Marbeth Holmes to Everyone:
1362 Thank you
1363 11:08:57 From Camille Miller to Everyone:
1364 Thank you, Rep Cunningham!
1365 11:09:05 From Cindy Wheeler to Everyone:
1366 One of the best Legislative Breakfast sessions I've attended...
1367 11:09:10 From Barbara Martin to Hosts and panelists:
1368 Thank you for your passion
1369 11:09:22 From Rep. Carla Cunningham BSN,RN to Everyone:
1370 Thank you
1371 11:09:24 From Allison Crotty, Partners to Everyone:
1372 Thank you Rep Cunningham!
1373 11:09:27 From Anita Daniels to Everyone:
1374 Agreed @ Cindy Wheeler!
1375 11:09:28 From Alice A to Everyone:
1376
1377 11:09:29 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1378 Yes Rose!
1379 11:09:56 From Gail Pruettt to Everyone:
1380 Thank you! Important passion, vision, call-to-action; and, voice to our needs from
all of the speakers.
1381 11:10:13 From Barbara Martin to Hosts and panelists:
1382 Thank you all for your passion and advocacy!
1383 11:10:25 From Anita Daniels to Everyone:
1384 Agreed @Gail Pruettt!
1385 11:10:28 From Maximilian Shafir to Everyone:
1386 This is truly a great breakfast. All of these speakers are amazing and the truth
and change talk that is happening is amazing
1387 11:10:53 From Barbara Martin to Hosts and panelists:
1388 Speakers and those attending who want to make a difference too
1389 . Together we can all make a difference
1390 11:11:00 From Sharon Hartwell to Everyone:

1391 Tell it!
1392 11:11:02 From Maximilian Shafir to Everyone:
1393 Preach it Rep. Cunningham
1394 11:11:04 From Julie Bailey, Josh's Hope to Everyone:
1395 @maxshafir, completely agree!
1396 11:11:27 From Marbeth Holmes to Everyone:
1397 Discomfort is a conduit for change Yes!
1398 11:11:29 From sarah to Hosts and panelists:
1399 Thk you Rep. Cunningham.
1400 11:12:03 From Cindy Wheeler to Everyone:
1401 that it is @marbethholmes!
1402 11:12:32 From Sue Ann Forrest - Trillium Health Resources to Everyone:
1403 Great points Rep. Cunningham and Rep. White!
1404 11:13:17 From Barbara Martin to Hosts and panelists:
1405 Please continue to advocate to get supports in peoples community Rep. Cunningham.
This is so important and people feel so much more connected and supported where the
know
1406 11:13:28 From Marbeth Holmes to Everyone:
1407 We must give voice but also be willing to listen and take action
1408 11:14:00 From Maximilian Shafir to Everyone:
1409 Agreed Barbara the more we connect the more change is possible.
1410 11:14:20 From Jenny Gadd - she/her Legislative Breakfast on MH to Tech (Friday
Center - Bart) (Direct Message):
1411 If we go over, you will leave the call on?
1412 11:14:35 From Barbara Martin to Hosts and panelists:
1413 Asking for help is hard to start
1414 11:14:36 From Kye Gardner (they, them) to Everyone:
1415 Structural and systemic oppression MUST be addressed - thank you representatives!!!
1416 11:14:41 From Julie Bailey, Josh's Hope to Everyone:
1417 Bias, discrimination and trauma...definite common denominator, Victor. Thank you
for stating!
1418 11:15:26 From Allison Crotty, Partners to Everyone:
1419 All powerful stories and calls to action. Victor's health equity message truly
resonates!
1420 11:16:06 From Bob Crayton to Everyone:
1421 Agree p[REDACTED] / @Allisonb[REDACTED]
1422 11:17:02 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1423 I would say make sure the voices of the vulnernable populations have a seat at the
tables or a voice in the conversation.
1424 11:17:33 From Maximilian Shafir to Everyone:
1425 Agreed great Jon everyone
1426 11:17:45 From Karen Kincaid Dunn - Club Nova to Everyone:
1427 Shared, inclusive leadership and decision making is key
1428 11:17:46 From Alicia Kaplan to Everyone:
1429
1430 11:17:47 From Shakema McClean to Everyone:
1431 Thank you all for your viewsb[REDACTED]. Thank you host for this meet. @ Rep Cunningham
you definitely found the needle in the hay. As a Parent Advocate,, Im always
looking for a network/ the groups/ the trainings to better help the community;
especially for my family and I. I think others may be interested as well. Would
you mind posting your email so that we can communicate with you all?
1432 11:17:49 From Cindy Wheeler to Everyone:
1433 agree with Rep. Cunningham, but I think those with lived experience along with
their love ones, families, friends, but be the voice of change...inform our reps
and sens....
1434 11:17:52 From Jonah Garson to Everyone:
1435
1436 11:17:53 From William Massengill to Everyone:
1437 Great panel
1438 11:17:54 From Amy Dickey to Everyone:
1439 Individuals with Disabilities Education Act (IDEA) (a federal education law)
clarifies that public schools must identify, locate, and evaluate children who need
special education. This is called b[REDACTED] Child Findb[REDACTED] and it applies to kids
from birth to age 21. There is no requirement that the child has an existing
diagnosis. The right applies to ANY student experiencing a mental illness,
disability, or learning difference that is interfering with the child's ability to
make adequate academic progress. Our failure at Child Find only exacerbates our
struggles with the Olmstead Act. I would encourage all representatives and
stakeholders to seek understanding on this law and NCb[REDACTED] shortfalls on it and

establish collaborative relationships with your local schools.
1440 Additionally, I would encourage all to support the proposed increase in funding for
IDEA.

1441 11:17:55 From Sharon Hartwell to Everyone:
1442

1443 11:17:55 From Beth Palmer to Everyone:
1444 Thank you everyone!!!

1445 11:18:02 From Amy Dickey to Everyone:
1446 Great speakers!

1447 11:18:07 From Jamie DeMent Holcomb to Everyone:
1448

1449 11:18:07 From Kay Castillo to Everyone:
1450 Thank you all!!

1451 11:18:16 From Amy Dickey to Everyone:
1452 <https://www.votervoice.net/mobile/CFEC/Campaigns/89326/Respond>

1453 11:18:20 From Rose Hoban to Everyone:
1454 More like 25 pounds in a 10 pound bag

1455 11:18:29 From Barbara Martin to Hosts and panelists:
1456 Maybe for legislation to check with NAMI to get some more voices.

1457 11:18:40 From Maximilian Shafir to Everyone:
1458 Very true but its pretty amazing to hear everyone

1459 11:18:40 From Marcie Boyes to Everyone:
1460 So many of us in the field see the same things, share similar beliefs, and
experience similar frustrations. How do we get more people, not in the field, to
come to this amazing event so they hear what many of us know?

1461 11:18:58 From Rose Hoban to Everyone:
1462

1463 11:19:18 From Barbara Martin to Hosts and panelists:
1464 More resiliency informed trainings in community could help too

1465 11:19:56 From Kathy Hotelling to Everyone:
1466 Thava is a whirlwind of implementable ideas for the good of our community.

1467 11:20:32 From Maximilian Shafir to Everyone:
1468 Totally agree Kathy. Thava is a change maker and makes so much change with very
little funding supports

1469 11:20:41 From Barbara Martin to Hosts and panelists:
1470 The MCOs may be able to help too. Having more collaboratives with individuals with
mental illness voice

1471 11:20:47 From elissabrody to Hosts and panelists:
1472 Great Slide

1473 11:20:52 From Rep. Carla Cunningham BSN,RN to Everyone:
1474 Prevention

1475 11:21:01 From Disability Rights NC to Hosts and panelists:
1476 Shake mcleah

1477 11:21:04 From Barbara Martin to Hosts and panelists:
1478 Yes Ms. Cunningham

1479 11:21:10 From Maximilian Shafir to Everyone:
1480 Exactly instead of reaction Rep. Cunningham

1481 11:21:14 From Julie Bailey, Josh's Hope to Everyone:
1482 Housing is truly paramount, Thava! That's something legislators could fund.

1483 11:21:16 From Dave Peterson to Everyone:
1484 Thava is the Master of ideas and then finding the funding to implement those great
ideas.

1485 11:22:00 From Barbara Martin to Hosts and panelists:
1486 Prevention is where we need to start but we need more trainers and funding for it
that are willing to do it.

1487 11:22:23 From Anita Daniels to Everyone:
1488 I completely agree. I am a forensic evaluator, and I see citizens over and over
who end up in and out of the court system who have a severe/persistent mental
illness. We can find them only when they are in jail. I'm so disappointed.

1489 11:22:39 From Jennifer Franklin to Everyone:
1490 Very important slide. The bottom line is that empowering communities with the kinds
of resources low-income, oppressed people need to get above the poverty line and
get good education and help take the pressure off parents with living wages so that
children start off better than they too often do. Starting here then allows the
trauma of poverty to be taken off the table. That right there is a huge leg up!

1491 11:22:56 From Beth Palmer to Everyone:
1492 Real estate developers need to be here. The high costs so NOT need to be so high.

1493 11:23:02 From Sharon Hartwell to Everyone:
1494 Thava, may we have your slides?

1495 11:23:11 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1496 It is hard for individuals to find wellness when individuals are unhoused !
1497 11:23:14 From Barbara Martin to Hosts and panelists:
1498 I am willing to help where I can if any of you have ideas for prevention trainings
in community as it needs to be flooded but we also need to have a response plan
once more people are identified in crisis
1499 11:23:26 From Maximilian Shafir to Everyone:
1500 We will make sure to get the slides on the breakfast website
1501 11:23:27 From Victor Armstrong to Natasha Donnelly and all panelists:
1502 Hey Natasha!
1503 11:23:32 From Kye Gardner (they, them) to Everyone:
1504 New Hanover County MUST revisit the housing bond vote. Affordable housing is
PARAMOUNT to lifting our Cape Fear community to where it needs to be
1505 11:23:34 From Anita Daniels to Everyone:
1506 Yes, we need the slides.
1507 11:23:51 From Amy Dickey to Everyone:
1508 Very true! Also a huge gap for single parents of children with SMI. They do not
qualify for perm. housing support like section 8 and often can't keep gainful
employment and keep their child in the home.
1509 11:24:19 From Maximilian Shafir to Everyone:
1510 Completely true Thava you have already proven the model works
1511 11:24:19 From Amy Dickey to Everyone:
1512 I would love a copy of these slides. Is that possible?
1513 11:24:20 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1514 Bravo Thava!!
1515 11:24:25 From Beth Palmer to Everyone:
1516 Yes.
1517 11:24:33 From Sarah S to Everyone:
1518 YES!!!
1519 11:24:34 From Kathy Hotelling to Everyone:
1520 I have all the keys that were mentioned earlier. My daughter has a developmental
disability and she is about to embark on Supported Living with her Waiver. The
apartment in PITTSBORO is \$1400 plus \$50 a month for fees. This is ridiculous. I
can do this for some period of time, but this is not going to work for the long term
1521 11:24:43 From Marbeth Holmes to Everyone:
1522 Awesome work Thava and UNCSSW
1523 11:24:53 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1524 We can post the slides on our website
1525 11:24:54 From Amy Dickey to Everyone:
1526 Great Work!
1527 11:24:58 From Mitul Desai to Everyone:
1528 What Thava is doing with Tiny Homes is a game changer! There is a massive need for
supportive housing for SMI folks.
1529 11:25:06 From Zaphenia Jones to Everyone:
1530 I intern with an organization called HEARTS where we equip adolescent parent with
the tools and resources they need to be independent and self sufficient and housing
in one of our biggest barriers.
1531 11:25:15 From Disability Rights NC to Everyone:
1532 Yoga has been demonstrated to assist in mental health and substance use recovery.
1533 11:25:18 From Nazanin Rostamabadi to Hosts and panelists:
1534 Fantastic project
1535 11:25:19 From Sarah S to Everyone:
1536 This was just discussed at the Coalition to end Homelessness conference !!!
1537 11:25:25 From Jennifer Franklin to Everyone:
1538 Cities within NC like Durham give real estate developers the green light to build
without forcing them to provide affordable housing or trees (when green space is
infringed upon for their developments). Legislation can ensure that developers are
held accountable.
1539 11:25:27 From Anita Daniels to Everyone:
1540 Many of them still need supervision and support. Many are placed in apartments
through funding, but without the additional supports, the apartments are destroyed,
their belongings are stolen. I love the idea, but clients still need supports to
keep from being victims.
1541 11:25:35 From Sue Ann Forrest - Trillium Health Resources to Everyone:
1542 Impressive partnerships!
1543 11:25:42 From Allison Crotty, Partners to Everyone:
1544 Kudos to you and all partners on this initiative Thava!
1545 11:25:44 From Alicia Kaplan to Everyone:
1546 So needed and such amazing community based work!

1547 11:25:44 From Amy Dickey to Everyone:
1548 YES!!!
1549 11:25:47 From Rep. Carla Cunningham BSN,RN to Everyone:
1550 Yes
1551 11:25:59 From Paul to Hosts and panelists:
1552 Can you email contact information on speaker for tiny homes to follow up on
becoming a part of this
1553 11:26:14 From Sherri McGimsey to Everyone:
1554 Will the health care workers and everyone that's needed to support this project be
going to them?
1555 11:26:24 From Beth Palmer to Everyone:
1556 Yes, Jennifer. Schools of business need to teach this too.
1557 11:26:34 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1558 <https://www.xdsinc.org/farm-at-penny-lane>
1559 11:26:37 From Garry Crites-NAMI North Carolina to Everyone:
1560 Great presentation, Thava!
1561 11:26:38 From Pamela Wheeler to Everyone:
1562 Loving your vision!
1563 11:26:54 From Maximilian Shafir to Everyone:
1564 Thava! Thava! Thava!
1565 11:26:56 From Jennifer Franklin to Everyone:
1566 @Beth, not just education but real incentives that get people motivated to actually
build affordable housing
1567 11:26:57 From Lara Kehle (her/she) KidSCOpe to Everyone:
1568 Wonderful partnership!
1569 11:27:02 From Julie Bailey, Josh's Hope to Everyone:
1570 Building industry...ugh. Lumber prices have increased almost beyond affordable
during the pandemic.
1571 11:27:06 From Valerie Arendt she/her NASW-NC to Everyone:
1572 Founded by a social worker! <https://www.hoperenovations.org/>
1573 11:27:07 From Barbara Martin to Hosts and panelists:
1574 Great vision
1575 11:27:12 From Anita Daniels to Everyone:
1576 Shout out to my alma mater!
1577 11:27:13 From Samantha Reneau She/Her to Everyone:
1578 Great partnership
1579 11:27:22 From Katherine Jones to Everyone:
1580 Elizabeth barber, this is Annie. can I leave early? my phone is on 57%
1581 11:27:34 From elissabrody to Hosts and panelists:
1582 So awesome!
1583 11:27:47 From Beth Palmer to Everyone:
1584 A barn raising mentality rather than a silo mentality. Thank you!
1585 11:27:52 From Dave Peterson to Everyone:
1586 Thank you Thava!!
1587 11:28:11 From Rep. Carla Cunningham BSN,RN to Everyone:
1588 Thank you
1589 11:28:12 From Margie (she/her) to Everyone:
1590 Thank you! So inspiring.
1591 11:28:23 From Kristina K to Hosts and panelists:
1592 Thank you!
1593 11:28:57 From Karen Kincaid Dunn - Club Nova to Everyone:
1594 The Clubhouse Model offers life-long supports . . .
1595 11:29:39 From Maximilian Shafir to Everyone:
1596 So many people that dont get covered by Innovations
1597 11:29:56 From Barbara Martin to Hosts and panelists:
1598 Innovations waitlist way too long another issue. Can we work on that?
1599 11:29:57 From Jennifer Franklin to Everyone:
1600 FYI, in case anybody is reading my posts, the term mental health and mental illness
are in and of themselves terms that are somewhat stigmatizing because they collude
with the divisive underlying Cartesian mind-body divide underlying our medical
model/health care system. Again, the article that was published talks about this:
[https://www.smerconish.com/exclusive-content/simone-biles-and-why-we-must-bridge-medi-
cines-mind-body-divide](https://www.smerconish.com/exclusive-content/simone-biles-and-why-we-must-bridge-medicines-mind-body-divide)
1601 11:29:59 From sarah to Hosts and panelists:
1602 15,000 waiting
1603 11:30:21 From Amy Dickey to Everyone:
1604 It would be of great help to provide B3 to ALL people waiting on the waiver.
1605 11:30:30 From Samantha Reneau She/Her to Everyone:
1606 Thank you Jennifer

1607 11:30:32 From Bob Crayton to Everyone:
1608 Alamance Co Commissioners are trying to duplicate a Tiny Homes Village for Veterans modeled from the Kansas City Project when we have an EXCELLENT model at Penny Farm. Why NOT partner with them?

1609 11:30:41 From Barbara Martin to Hosts and panelists:
1610 Plus families have no idea how to get on this list for the waiver

1611 11:30:44 From Anita Daniels to Everyone:
1612 @Amy Dickey, I say. Mental Wealth.

1613 11:31:03 From Maximilian Shafir to Everyone:
1614 Agreed Bob lets make it happen

1615 11:31:06 From Amy Dickey to Everyone:
1616 fitting, sadly.

1617 11:31:28 From Vicki Smith to Everyone:
1618 Listening to the person we are trying to support about their personal goals, where and how they want to be connected to the community is critical to success.

1619 11:31:35 From Julie Bailey, Josh's Hope to Everyone:
1620 @AmyDickey...YES! There's a gap in who can access B3, for sure. Someone with I/DD has better access than someone with MH.

1621 11:31:43 From Mitul Desai to Everyone:
1622 Can someone with SMI under age 55 live in an assisted living facility? These facilities can act like good supportive housing (until there are Tiny Homes everywhere)

1623 11:31:45 From Sharon Hartwell to Everyone:
1624 Peer support pays peers and supports others

1625 11:31:50 From Jonah Garson to Everyone:
1626 Thank you, Thava; thank you, Rep. Insko.

1627 11:32:01 From Amy Dickey to Everyone:
1628 YES Vicki, Expand/Improve our Person Centered thinking

1629 11:32:44 From Blue to Everyone:
1630 can MCOs use Medicaid savings and fund balance to create affordable housing?

1631 11:32:45 From Amy Dickey to Everyone:
1632 Yes Julie and they can also be excluded from state funds while they wait.

1633 11:32:46 From Jennifer Franklin to Everyone:
1634 @Amy, yes and person centered feeling/sensingRight brain approaches are the real key to healing

1635 11:32:47 From Vicki Smith to Everyone:
1636 Assisted Living Facilities are NOT community placement -

1637 11:33:28 From Julie Bailey, Josh's Hope to Everyone:
1638 @vickismith...thank you for pointing that out!

1639 11:33:35 From Anita Daniels to Everyone:
1640 And we're still here and energized!

1641 11:33:50 From Katherine Jones to Everyone:
1642 clubhouses are a self advocating place. great for members quality of life. I support it greatly.

1643 11:33:51 From Amy Dickey to Everyone:
1644 Nor should they become that. Ensuring they are implemented in an INCLUSIVE way is needed.

1645 11:34:06 From Gerri to Hosts and panelists:
1646 Could you build a Village for more than 12 people, maybe 20. My 50 year old son does not like club house. He likes his group home very much. He does not like living alone. G Gray Matthews NC

1647 11:34:37 From Mitul Desai to Everyone:
1648 Thank you @vickismith. Agree, but when good group homes are not available & its hard to find supportive housing. Would love your advice on how to do this. Thank you so much

1649 11:34:39 From Juanita to Hosts and panelists:
1650 This message is for Victor Armstrong. Can you provide your?

1651 11:34:43 From Amy Dickey to Everyone:
1652 The presented program is very encouraging. Thank you Thava.

1653 11:35:13 From Jennifer Franklin to Everyone:
1654 Medication is not going to fix most of the chronic long-term physiological problems that cost our state the mostchronic pain, IBS and all kinds of other long-term problems that have no clear medical cures because they are rooted in nervous system dysregulation

1655 11:35:35 From Karen Kincaid Dunn - Club Nova to Hosts and panelists:
1656 Legislators and DHHS can make a difference by expanding and supporting the Clubhouse Model across North Carolina, and supporting innovative programs as Thava has presented on.

1657 11:35:39 From Amy Dickey to Everyone:

1658 That is a problem Mitul. It is also hard to find the community supports needed to ensure success in alternate placements.

1659 11:36:01 From Rep. Carla Cunningham BSN,RN to Everyone:
1660 Rural areas have this issue.

1661 11:36:11 From Blue to Everyone:
1662 I love the idea of tiny house committees but it's still SEGREGATION!!

1663 11:36:59 From Vicki Smith to Everyone:
1664 Agree that we need more housing options for people with disabilities including mental illness. Affordability and availability are huge big needs.

1665 11:37:13 From Marbeth Holmes to Everyone:
1666 Scope of practice protect CLIENTS

1667 11:37:15 From Natasha Donnelly to Everyone:
1668 Now we need the SAVE Act

1669 11:37:17 From Marbeth Holmes to Everyone:
1670 and is vital

1671 11:37:19 From Disability Rights NC to Everyone:
1672 @Dr. Jennifer Franklin, thanks for the link to your insightful article and your comments.

1673 11:37:28 From Devin Lyall: Wilkes Recovery Revolution, Inc. to Everyone:
1674 Yes !!!

1675 11:37:32 From Kathy Hotelling to Everyone:
1676 yes, we must expand Medicaid!

1677 11:37:35 From Natasha Donnelly to Everyone:
1678 We have paid for provider training and they are leaving our state

1679 11:37:51 From Rep. Carla Cunningham BSN,RN to Everyone:
1680 Thank you Rep. Sasser

1681 11:38:00 From Maximilian Shafir to Everyone:
1682 Amazing job Rep. Sasser

1683 11:38:01 From Sharon Hartwell to Everyone:
1684

1685 11:38:15 From Shenika Allen to Everyone:
1686 Thank you Thava and Rep Insko along with Rep. Sasser.

1687 11:38:18 From Vicki Smith to Everyone:
1688 There are community supports available - Centers for Independent Living are one option but there are not enough.

1689 11:38:25 From Sherri McGimsey to Everyone:
1690 Thank you Rep. Insko

1691 11:38:41 From Maximilian Shafir to Everyone:
1692 Housing is a crucial need with life long supports

1693 11:39:03 From Susan Hertz, Threshold Clubhouse to Hosts and panelists:
1694 Thank you Rep. Sasser

1695 11:39:20 From Kay Castillo to Everyone:
1696 Joint Legislative Committee on Access to Healthcare and Medicaid Expansion:
<https://www.ncleg.gov/Committees/CommitteeInfo/NonStanding/6770>

1697 11:39:37 From Kay Castillo to Everyone:
1698 Next meeting is Tuesday! You can stream the meetings at the link above.

1699 11:39:46 From Natasha Donnelly to Everyone:
1700 Could we have a brief SAVE Act update as well if possible - thank you - we need our mid-level providers to stay in state

1701 11:39:53 From Vicki Smith to Everyone:
1702 DMH is working on a five year housing plan for people with disabilities which includes services and supports.

1703 11:39:58 From Rose Hoban to Tech (Friday Center - Bart) (Direct Message):
1704 can you add Rep. Cunningham, who wants to chime in

1705 11:40:28 From Margie (she/her) to Everyone:
1706 Yes and we need to pay them what they are worth.

1707 11:40:34 From Karen Kincaid Dunn - Club Nova to Everyone:
1708 Please keep in mind that we have not emerged from the pandemic yet . . . Have much hope . . .

1709 11:40:46 From Bob Crayton to Everyone:
1710 Thank you, @Kay for the reminder of the Medicaid Expansion Committee

1711 11:41:17 From Garry Crites-NAMI North Carolina to Everyone:
1712 woo hoo!

1713 11:41:19 From Maximilian Shafir to Everyone:
1714 Thank you for the hope Rep. Sasser

1715 11:41:21 From Valerie Arendt she/her NASW-NC to Everyone:
1716
1717

1718 11:41:22 From Julie Bailey, Josh's Hope to Everyone:

1719 WHOAH! Thank you for that bit of news, Rep. Sasser!
1720 11:41:23 From sarah to Hosts and panelists:
1721 You heard it HERE!
1722 11:41:24 From Alicia Kaplan to Everyone:
1723 HOORAY!!!!!!
1724 11:41:26 From Jonah Garson to Everyone:
1725 Than you, Rep. Sasser.
1726 11:41:26 From Damie Jackson-Diop (she/her, they/them) to Hosts and panelists:
1727
1728
1729 11:41:37 From Damie Jackson-Diop (she/her, they/them) to Everyone:
1730
1731
1732 11:41:49 From Natasha Donnelly to Everyone:
1733 Great news!
1734 11:41:51 From Jennifer Franklin to Everyone:
1735 Last thing I have to offer is a book I read a LONG time ago, at least twenty years.
 This may be controversial in the field of mental illness, but Im sharing it anyway
 because I think it conveys the importance of capitalizing on our humanity across
 the board. The book is Dormans Dantes Curea case of healing schizophrenia without
 medication. Not that this is The Way, but it is hopeful to think about recovery
 from, not just management of, mental illness
1736 11:42:02 From Maximilian Shafir to Everyone:
1737 The long lasting effect of Covid will be present for many many years to come
 especially within our kids
1738 11:42:16 From Samantha Reneau She/Her to Everyone:
1739 I am especially thankful that you brought up long haul covid and its effects on
 mental health
1740 11:44:54 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1741 Bravo Rep Cunningham!
1742 11:44:57 From Sharon Hartwell to Everyone:
1743 Housing FIRST
1744 11:44:58 From Jamezetta Bedford to Everyone:
1745 Draft Point in Time homeless counts being compiled now. Expect increases. We need
 HUD funding and MH/SUD Funding. I am chairing the Orange Co Partnership to End
 Homelessness.
1746 11:45:08 From Maximilian Shafir to Everyone:
1747 Well said Rep. Cunningham
1748 11:45:16 From Karen Kincaid Dunn - Club Nova to Everyone:
1749 Absolutely . . . A long term commitment Rep Cunningham
1750 11:45:22 From Rep. Carla Cunningham BSN,RN to Everyone:
1751 Thank you
1752 11:45:37 From Nicole Semoni to Everyone:
1753 Well said Rep Cunningham!
1754 11:45:39 From Sharon Hartwell to Everyone:
1755 What if Medicaid paid for YOGA
1756 11:45:42 From heather n to Everyone:
1757 well said thava
1758 11:45:49 From Karen Kincaid Dunn - Club Nova to Everyone:
1759 Medicaid that is Flexible . . . Yes, Thava
1760 11:45:50 From Natasha Donnelly to Everyone:
1761 We do need to keep our PMHNP's in state - we fund to train them and they leave due
 to the Save Act - they can diagnose, prescribe, provide therapy and case management
 - to support the wrap around services
1762 11:46:14 From Nicole Semoni to Everyone:
1763 Well said Thava!
1764 11:46:15 From Beth Palmer to Everyone:
1765 Yes. Streamline.
1766 11:46:33 From Natasha Donnelly to Everyone:
1767 Thank you Thava - wonderful
1768 11:46:43 From Bob Crayton to Everyone:
1769 Absolutely, Thava
1770 11:46:46 From Sarah S to Everyone:
1771 Yes, Thava
1772 11:46:49 From Kathy Hotelling to Everyone:
1773 We want to have as many individuals out of group homes. Many do not need this
 level of isolation and care
1774 11:46:52 From Maximilian Shafir to Everyone:
1775 Absolutely right Thava

1776 11:46:53 From elissabrody to Hosts and panelists:
1777 In Durham an empty hotel was turned into housing for homeless by Durham Ministry I think

1778 11:46:53 From Krystin Wingfield to Everyone:
1779 Sharon, While yoga is a great recourse for those who have the free time and mental space to inhale and exhale, it does not take priority over basic needs. Food assistance, housing, medical needs, therapy.

1780 11:46:59 From Maximilian Shafir to Everyone:
1781 Supports with the housing is needed

1782 11:47:01 From Cindy Wheeler to Everyone:
1783 Thava is exactly right...

1784 11:47:01 From Karen Kincaid Dunn - Club Nova to Everyone:
1785 Supports are essential

1786 11:47:06 From Rose Hoban to Everyone:
1787 @barbara the email addresses/ contact information for all the speakers is in the meeting materials you received.

1788 11:47:22 From Nicole Semoni to Everyone:
1789 Supports are needed for sure!

1790 11:47:24 From heather n to Everyone:
1791 mh professionals in private practice want take medicare\medicade , what are we going to do about this?

1792 11:47:26 From Natasha Donnelly to Everyone:
1793 Thava can we talk about bringing our services into your housing communities so they have care management on site

1794 11:47:26 From Jamezetta Bedford to Everyone:
1795 We need far more permanent supportive housing!

1796 11:47:28 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1797 Thank you for asking about Group Homes!!!

1798 11:47:28 From Valerie Arendt she/her NASW-NC to Everyone:
1799 Legislative Breakfast Program and Agenda:
<https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf>

1800 11:47:44 From Jeff Phillips to Hosts and panelists:
1801 Supported Living services with I/DD and MH are the services they can use.

1802 11:48:33 From Maximilian Shafir to Everyone:
1803 NC TOPPS is entered by the provider

1804 11:48:40 From Natasha Donnelly to Everyone:
1805 TOPPS NC

1806 11:48:55 From megan mccann to Everyone:
1807 Remember that Occupational Therapy can be part of the solution, too!

1808 11:48:57 From Maximilian Shafir to Everyone:
1809 So it is biased and does not actually talk about the information from the client perspective

1810 11:49:06 From Maximilian Shafir to Everyone:
1811 Yes OTs are needed

1812 11:49:22 From Karen Kincaid Dunn - Club Nova to Everyone:
1813 We are tracking housing, education, employment, health care, hospitalization and many other outcomes . . .

1814 11:49:36 From Natasha Donnelly to Everyone:
1815 Yes Megan - we now have days integrating rec therapy and functional therapy as part of our medication management plan

1816 11:49:56 From Garry Crites-NAMI North Carolina to Everyone:
1817 Durham Rescue Mission

1818 11:49:56 From Jeff Phillips to Hosts and panelists:
1819 Getting those Waiver slots available is going to be a major factor to help with these initiatives**NOT**&

1820 11:50:01 From Maximilian Shafir to Everyone:
1821 How about a share HIE network that allows us to share information across all parties and collaborate for medical, mental health, housing and additional supports

1822 11:50:02 From Jennifer Franklin to Everyone:
1823 Love hearing about all the great work happening, and it is clear that there is so much work to do to improve and make comprehensive care possible, equitable. and accessible for all. And its difficult to believe that we just need to be more efficient with funding. It seems that there just needs to be so much more funding allocating to helping fellow Americans with basic needs +++ We need so much more funding for basic needs, comp health care, and education.

1824 11:50:04 From Cindy Wheeler to Everyone:
1825 Durham Rescue Mission

1826 11:50:06 From Sharon Hartwell to Everyone:

1827 Peewee Homes is building tiny homes within the city limity of CH
1828 11:50:25 From Karen Kincaid Dunn - Club Nova to Everyone:
1829 For any OTs out there, if you are seeking meaningful work, please contact Club
Nova. We love OTs ! ! !
1830 11:50:51 From Sofia Moyano-Kleckner, NC to Everyone:
1831 Taking about housing issues...wondering how much money real state companies give to
the state/cities to meet housing needs of low income families&..
1832 11:51:02 From Blue to Everyone:
1833 Zoning ordinances can be an issue in urban areas for tiny houses.
1834 11:51:06 From Barbara Martin to Hosts and panelists:
1835 Thanks Rose! Did not realize my comment went to everyone so deleted it. Sorry
about that
1836 11:51:08 From Cindy Wheeler to Everyone:
1837 Yes, yes yes Thava!
1838 11:51:09 From Vicki Smith to Everyone:
1839 DHHS is working on a 5 year housing plan -
1840 11:51:19 From Sharon Hartwell to Everyone:
1841 Tell it Thava!
1842 11:51:27 From elissabrody to Hosts and panelists:
1843 An empty shopping mall would be perfect to have housing and health services
1844 11:51:36 From sarah to Hosts and panelists:
1845 Thank you Thava!
1846 11:51:49 From Beth Palmer to Everyone:
1847 Partner rural towns and cities. Others have strengths and needs. Working
together and sharing resources.
1848 11:51:52 From heather n to Everyone:
1849 talk about how we will get therapist to take medicare in private practice, I have
had therapist say they don't because its a pain in the ass to take medicare
1850 11:52:00 From Cindy Wheeler to Everyone:
1851 We need Thava in the legislature!
1852 11:52:20 From heather n to Everyone:
1853 yes we need thava everywhere
1854 11:52:37 From Sherri McGimsey to Everyone:
1855 Haven For Hope in San Antonio Texas . is more than a shelter, its a
transformational campus.
1856 11:52:38 From Vicki Smith to Everyone:
1857 NC Council on Developmental Disabilities is also funding a reentry plan for people
with IDD
1858 11:53:03 From Rep. Verla Insko to Hosts and panelists:
1859 Thava can advice the study committee I hope to see.
1860 11:53:14 From Anita Daniels to Everyone:
1861 Therapists in solo private practice do not have the resources to take Medicare and
Medicaid. The red tape is just too much for the reimbursement rates.
1862 11:53:23 From Natasha Donnelly to Everyone:
1863 I love that everyone is a volunteer!!
1864 11:53:29 From Maximilian Shafir to Everyone:
1865 Lets make it happen Verla. We can make this work before you retire
1866 11:53:46 From Wendy Jacobs to Hosts and panelists:
1867 Local governments need state funding for capital funding to purchase apartment
buildings or hotels for permanent supportive housing as well as the ongoing
operational funding for support services. We do not have the resources to do this
on our own. But this is critical- safe and stable housing is a mental health
intervention.
1868 11:53:55 From Gerri to Hosts and panelists:
1869 Peewee Houses? What an unfortunate name!!
1870 11:54:13 From Barbara Martin to Hosts and panelists:
1871 You have some very inclusive ideas. Awesome . Really like your visions
1872 11:54:21 From Jennifer Franklin to Everyone:
1873 Thank you, Rose, for asking that question!
1874 11:54:37 From heather n to Everyone:
1875 how do make mediocre easier for private practice therapists, etc?
1876 11:54:43 From heather n to Everyone:
1877 we
1878 11:55:04 From heather n to Everyone:
1879 can
1880 11:55:35 From Maximilian Shafir to Everyone:
1881 Can we hold commercial real estate accountable towards pro bono assistance to housing
1882 11:56:03 From Jennifer Franklin to Everyone:
1883 If there arent policies going to force developers to create affordable housing,

then we need to incentivize them. As we see in Durham, they wont do it otherwise!

1884 11:56:04 From Damie Jackson-Diop (she/her, they/them) to Hosts and panelists:
1885 We need to also address the huge gap in Recovery Oriented Community Based Services
so that people with lived experience can stay in the communities and in their homes.

1886 11:56:16 From Cindy Wheeler to Everyone:
1887 @maximillianshafir great point

1888 11:56:29 From Anita Daniels to Everyone:
1889 Can we find someone to do the Medicaid and Medicare billing for small private
practices? That would definitely help us if someone else took care of that part as
long as they do not abuse the system.

1890 11:56:57 From Garry Crites-NAMI North Carolina to Everyone:
1891 Durham is doing a great job being creative!

1892 11:57:16 From Jennifer Franklin to Everyone:
1893 The zoning laws allow us to eat up valuable green space that keeps us healthy!

1894 11:57:36 From heather n to Everyone:
1895 carrboro just approved town use land for affordable housing

1896 11:57:51 From Jennifer Franklin to Everyone:
1897 green urban spaces that we all have regular access to. This has become a problem
over time in larger cities. We have a chance to preserve green spaces for our future.

1898 11:59:21 From Jennifer Franklin to Everyone:
1899 Trees are going down to make way for new development thats primarily not
affordable. The new zoning laws in Durham have not increased affordable housing as
much as profitable housing

1900 11:59:37 From Pamela Wheeler to Everyone:
1901 Great event Max!! Thanks for the invite.

1902 11:59:38 From Shenika Allen to Everyone:
1903 Thank you so much Rose.

1904 11:59:47 From Disability Rights NC to Everyone:
1905 Thanks, Corye & Rose!

1906 11:59:52 From Valerie Arendt she/her NASW-NC to Everyone:
1907 Thank you Kay and Corye!

1908 11:59:52 From Beth Palmer to Everyone:
1909 Thank you!

1910 11:59:52 From Disability Rights NC to Everyone:
1911 And Kay!!

1912 11:59:55 From Denise to Everyone:
1913 Thank you!

1914 11:59:57 From Anita Daniels to Everyone:
1915 Fabulous Mike and Rose! Thank you All!

1916 11:59:58 From Dave Peterson to Everyone:
1917 This was a great conference!

1918 12:00:02 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1919 Hope to see everyone next year 2/25/23

1920 12:00:06 From Alicia Kaplan to Everyone:
1921 Thank you Kay and Corye!!

1922 12:00:07 From Maximilian Shafir to Everyone:
1923 Great job Corye and Kay

1924 12:00:07 From Nicole Semoni to Everyone:
1925 Thank you everyone. This was great!!

1926 12:00:07 From Marbeth Holmes to Everyone:
1927 What an outstanding event! Thank you Max and Senator Woodard, the committee, the
sponsors, NASW-NC, Secretary Kinsley, and each of the panelists. Such compelling
presentations

1928 12:00:09 From Kristin Pearson - TROSA to Everyone:
1929 Excellent!!

1930 12:00:11 From Garry Crites-NAMI North Carolina to Everyone:
1931 what a great morning!

1932 12:00:12 From Jonah Garson to Everyone:
1933 Thank you, Rose, Sen. Woodard et al., and everyone who had a hand behind-the-scenes
in bringing this off.

1934 12:00:14 From Barbara Martin to Everyone:
1935 Thanks Kay and Corye

1936 12:00:15 From Victor Armstrong to Everyone:
1937 Sen. Woodard,

1938 12:00:16 From Anita Daniels to Everyone:
1939 Thanks , NCNASW!

1940 12:00:16 From Allison Crotty, Partners to Everyone:
1941 Thank you all, great job!

1942 12:00:18 From sarah to Hosts and panelists:

1943 Very informative morning! Thanks to all.
1944 12:00:19 From Maura Nsonwu to Everyone:
1945 Excellent breakfast. Thank you to all of the organizers and panelists
1946 12:00:19 From Rep. Carla Cunningham BSN,RN to Everyone:
1947 Thank you all
1948 12:00:22 From Cindy Wheeler to Everyone:
1949 Thank you to all organizers, panelists, moderators ~ excellent event and time well spent! I will get busy!
1950 12:00:23 From Natasha Donnelly to Everyone:
1951 thank you - great conference! The Cedar Oaks Team!
1952 12:00:24 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
1953 <https://www.northcarolinahealthnews.org>
1954 12:00:28 From Shenika Allen to Everyone:
1955 This was an excellent conference!
1956 12:00:30 From Jean Andersen to Hosts and panelists:
1957 Thank you everyone!
1958 12:00:31 From Joy.Futrell to Everyone:
1959 Great conference! Thanks everyone for a great Saturday morning!
1960 12:00:32 From Sarah Winnick to Everyone:
1961 Thank you!
1962 12:00:36 From Rep. Verla Insko to Everyone:
1963 Sen. Woodard, Reps Hurley, Sasser, Gill, etc: Lets get together to discuss follow
1964 12:00:36 From Jonah Garson to Everyone:
1965 hahahaahah
1966 12:00:41 From Jasmine Thagard to Everyone:
1967 This was an AMAZING conference! Thank you all to everyone!
1968 12:00:43 From Karen Khan to Hosts and panelists:
1969 Great conference!
1970 12:00:44 From elissabrody to Hosts and panelists:
1971 Not only would a medical system that all can access be continuity of patient care, it would be able to produce accurate statistics as England and Israel collect and are able to report.
1972 12:00:45 From Sherri McGimsey to Everyone:
1973 Thank you all.
1974 12:00:46 From Anthony Gibson to Everyone:
1975 Lol
1976 12:00:49 From Jonah Garson to Everyone:
1977 Thank you, all.
1978 12:00:57 From Alicia Kaplan to Everyone:
1979 Wonderful!! The humor has been great too.
1980 12:01:02 From Jean Andersen to Everyone:
1981 Thank you, everyone!
1982 12:01:04 From Kye Gardner (they, them) to Everyone:
1983 Absolutely Incredible - all of it! Thanks EVERYONE!!!!
1984 12:01:12 From Anthony Gibson to Everyone:
1985 This was really very good; thank you everyone!
1986 12:01:12 From Linda Fallon to Everyone:
1987 Thank you to all the speakers!
1988 12:01:13 From Victor Armstrong to Everyone:
1989 Sen. Woodard, great job as always. And your hair looks fabulous!
1990 12:01:16 From Valerie Arendt she/her NASW-NC to Everyone:
1991 Thank you all so much! What an amazing event. Your voices are so important for this work!
1992 12:01:18 From Lauren Burroughs (she/her) to Everyone:
1993 Thank you all! Wonderful speakers and great information about the state of mental health in North Carolina!
1994 12:01:18 From Anita Daniels to Everyone:
1995 Shout out to Special Topics students from NCCU! Thank you for attending!
1996 12:01:25 From Amy Dickey to Everyone:
1997 Excellent conference. Thank you all,
1998 12:01:28 From Sue Ann Forrest - Trillium Health Resources to Everyone:
1999 Thank you so all the speakers!
2000 12:01:28 From Jasmine Thagard to Everyone:
2001 Im very much proud to be a social worker soon, so thank you all again! So much valuable resources to consider
2002 12:01:30 From Pierre Bynum\TROSAs to Everyone:
2003 Thank you, enjoyed all the information
2004 12:01:31 From Disability Rights NC to Everyone:
2005 Well done - much gratitude to all involved. Lets repair NCs mental health system!

2006 12:01:33 From Lisa Grafstein to Everyone:
2007 Thank you!
2008 12:01:34 From Victor Armstrong to Everyone:
2009 Thank you Rose Hoban!
2010 12:01:38 From Debra Farrington, North Carolina to Everyone:
2011 Extraordinary conference capturing the spirit of advocacy in a virtual format.
Great job organizers and excellent information from the panelists and facilitators.
Another job well done!
2012 12:01:39 From Valerie Arendt she/her NASW-NC to Everyone:
2013 Legislative Breakfast Program and contacts:
[https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Versi
on-2.0.pdf](https://legislativebreakfastmh.org/wp-content/uploads/2022/02/LBMH-Program-2022-Version-2.0.pdf)
2014 12:01:41 From Rep. Carla Cunningham BSN,RN to Everyone:
2015 Thank you Sen. Mike
2016 12:01:45 From Jessica Aguilar to Everyone:
2017 thank all for work and advocate for Mental Health and Medicaid Expantion
2018 12:02:01 From Valerie Arendt she/her NASW-NC to Everyone:
2019 <https://legislativebreakfastmh.org/>
2020 12:02:02 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
2021 Please give us feedback on todays event
2022 12:02:03 From Jenny Gadd - she/her Legislative Breakfast on MH to Everyone:
2023 <https://fs4.formsite.com/jgadd/form48/index.html>
2024 12:02:16 From Martha Turner-Quest to Everyone:
2025 Thank you!
2026 12:02:17 From stuart c gilbert to Hosts and panelists:
2027 Thank you Senator Woodard for hosting
2028 12:02:17 From Jane Crowder to Everyone:
2029 Please send all the script from chat
2030 12:02:21 From Sharon Hartwell to Everyone:
2031 Well done!
2032 12:02:24 From megan mccann to Everyone:
2033 Thank you!
2034 12:02:27 From Ashley Burns to Hosts and panelists:
2035 Thank you everyone!!!
2036 12:02:27 From Kristin Pearson - TROSA to Everyone:
2037
2038 12:02:29 From Sarah Ascienzo to Everyone:
2039 Thank you!
2040 12:02:29 From Yesenia Howell, Monarch to Everyone:
2041 Thank you!
2042 12:02:29 From Maximilian Shafir to Everyone:
2043 Amazing job everyone
2044 12:02:31 From Maximilian Shafir to Everyone:
2045 Thank you
2046 12:02:33 From Jesse Battle - TROSA to Everyone:
2047 Well Done
2048 12:02:37 From Rose Hoban to Hosts and panelists:
2049 Thanks Sen Woodard for your kind words!!
2050 12:02:40 From William Massengill to Everyone:
2051 Excellent program
2052 12:02:43 From Kathleen Ferguson to Everyone:
2053 Well done! The best attended to date!!
2054 12:02:47 From elissabrody to Hosts and panelists:
2055 So appreciate all!
2056 12:03:02 From Cramer Gallimore to Everyone:
2057 Thanks to all of you.
2058 12:03:14 From Samantha Reneau She/Her to Everyone:
2059 Thank you to all
2060 12:03:16 From Keziah Cash to Everyone:
2061 This was an amazing panel. Thank you all so much!!
2062 12:03:26 From Jay Ratia to Hosts and panelists:
2063 Thanks
2064 12:03:56 From Kay Castillo to Everyone:
2065 Great job Rose with the questions and panels!
2066